



Community Mental Health Survey Benchmark Report 2025

Cumbria, Northumberland, Tyne
and Wear NHS Foundation Trust



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This work was carried out in accordance with the requirements of the international standard for organisations conducting social research (accreditation to ISO27001:2013; certificate number GB10/80275).

Background and methodology

This section includes:

- an explanation of the NHS Patient Survey Programme
- information on the 2025 Community mental health survey
- a description of key terms used in this report
- navigating the report



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Background and methodology

The NHS Patient Survey Programme

The NHS Patient Survey Programme (NPSP) collects feedback on adult inpatient care, maternity care, children and young people's inpatient and day services, urgent and emergency care, and Community mental health services.

The NPSP is commissioned by the Care Quality Commission (CQC); the independent regulator of health and adult social care in England.

As part of the NPSP, the Community mental health survey has been conducted almost every year since 2004. CQC use the results from the survey in its assessment of mental health trusts in England.

To find out more about the survey programme and to see the results from previous surveys, please refer to the section on further information on this page.

Community mental health survey

The survey was administered by the Survey Coordination Centre (SCC) at Picker Institute.

A total of 67,127 community mental health service users were invited to participate in the survey across 50 NHS trusts.

Completed responses were received from 12,319 community mental health service users; a 19% adjusted response rate, where undelivered questionnaires are removed from the response rate calculation.

Service users aged 16 and over were eligible to participate in the survey if they were receiving care or treatment for a mental health condition and were seen face-to-face at the trust, via video conference or telephone between 1 April 2025 and 31 May 2025. Full sampling criteria can be found in the [Sampling Instructions](#).

Fieldwork for the survey (the time during which questionnaires were sent out and returned) took place between August and November 2025.

Trend data

In 2023, the Community mental health survey transitioned from a solely paper-based methodology to both paper and online, which impacted trend data.

Therefore, only data from the 2023, 2024 and 2025 survey years are comparable, unless a question has changed or there are other reasons for lack of comparability such as changes in organisational structure of a trust.

Where results are comparable with previous years, a section on historical trends has been included.

Further information about the survey

- For published results and for more information on the Community mental health survey please visit the [NHS Survey website](#).
- For published results for other surveys in the NPSP, and for information to help trusts implement the surveys across the NPSP, please visit the [NHS Surveys website](#).
- To learn more about the CQC's survey programme, please visit the [CQC website](#).

Key terms used in this report

The 'expected range' technique

This report shows how your trust scored for each evaluative question in the survey, compared with other trusts that took part. It uses an analysis technique called the 'expected range' to determine if your trust is performing about the same, better or worse compared with most other trusts. This is designed to help understand the performance of individual trusts and identify areas for improvement. More information can be found in the [How to interpret benchmarking in this report](#) section.

Standardisation

Demographic characteristics, such as age and sex, can influence care experiences and how they are reported. For example, research shows that older people report more positive experiences of care than younger people. Since trusts have differing profiles of Community mental health service users, this could make fair trust comparisons difficult. To account for this, we 'standardise' the results, which means we apply a weight to individual service user responses to account for differences in demographic profile between trusts.

For each trust, results have been standardised by the age and sex of respondents to reflect the 'national' age-sex type distribution (based on all respondents to the survey). This helps ensure that no trust will appear better or worse than another because of its profile and enables a fairer and more useful comparison of results across trusts. In most cases this standardisation will not have a large impact on trust results.

Scoring

For selected questions in the survey, the individual (standardised) responses are converted into scores, typically 0, 5, or 10. A score of 10 represents the best possible result and a score of 0 the worst. The higher the score for each question, the better the trust is performing.

Only evaluative questions in the questionnaire are scored. Some questions are descriptive (for example Q1), and others are 'routing questions', which are designed to filter out respondents to whom subsequent questions do not apply (for example Q20). These questions are not scored.

Please refer to the [scored questionnaire](#) for further details. Section scoring is computed as the arithmetic mean of question scores for the section

after weighting is applied. More information can be found in the ['How questions are scored'](#) slide.

National average

The 'national average' mentioned in this report is the arithmetic mean of all trusts' scores after weighting is applied.

Suppressed data

If fewer than 30 respondents have answered a question, no score will be displayed for that question (or the corresponding section the question contributes to).

Benchmark data is not provided if fewer than 30 trusts have data for a given question.

Further information about the methods

For further information about the statistical methods used in this report, please refer to the [survey technical document](#) which is on the 'Analysis and Reporting' section of the 2025 Community mental health survey webpage on the NHS Surveys website.

Using the survey results

Navigating this report

This report is split into five sections:

- **Background and methodology** – provides information about the survey programme, how the survey is run and details on the contents of this report.
- **Headline results** – includes key trust-level findings relating to the service users who took part in the survey, benchmarking, and top and bottom scores. This section provides an overview of results for your trust, identifying areas where your organisation performs better than the average and where you may wish to focus improvement activities.
- **Benchmarking** – shows how your trust scored for each evaluative question in the survey, compared with other trusts that took part; using the ‘expected range’ analysis technique. This allows you to see the range of scores achieved and compare yourself with the other organisations that took part in the survey. Benchmarking can provide you with an indication of where you perform better than the average, and what you should aim for in areas

where you may wish to improve.

- **Change over time** – includes your trust’s mean score for each evaluative question in the survey. Significance test table compares 2025 score to your 2023 and 2024 mean score. This allows you to see if your trust has made statistically significant improvements between survey years.
- **Comparison to other trusts** – includes where your trust has performed better or worse in comparison to other trusts.

How to interpret the graphs in this report

There are several types of graphs in this report that show how the score for your trust compares to the scores achieved by all trusts that took part in the survey.

The two chart types used in the section ‘Benchmarking’ use the ‘expected range’ technique to show results. For information on how to interpret these graphs, please refer to the [‘How to interpret benchmarking in this report’](#) slides.

Other data sources

More information is available about the following topics at their respective websites, listed below:

- [Full national results; technical document](#).
- [National and trust-level data](#) for all trusts who took part in the 2025 Community mental health survey.
- Full details of the methodology for the survey, instructions for trusts and contractors to carry out the survey, and the survey development report can also be found on the [NHS Surveys website](#).
- Information on the [NHS Patient Survey Programme](#), including results from other surveys.
- Information about how [CQC monitors providers](#).

Headline results

This section includes:

- information about your trust population
- an overview of benchmarking for your trust
- the best and worst scores for your trust presented in charts (slide 10) and poster format (slide 11)

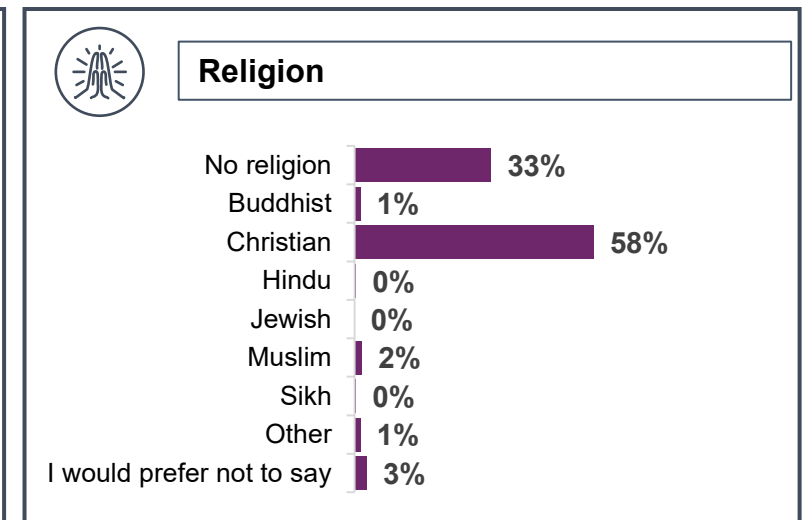
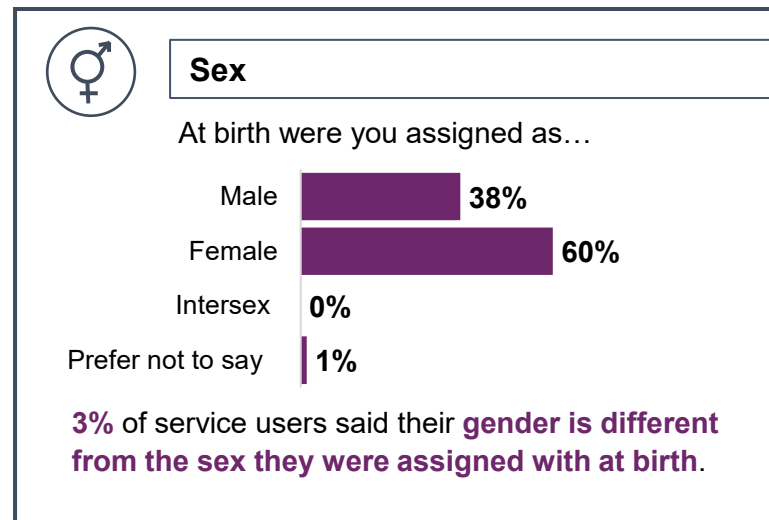
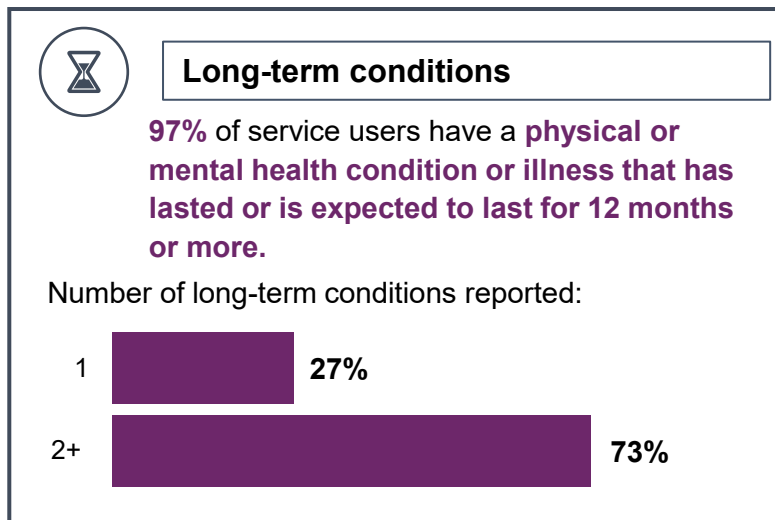
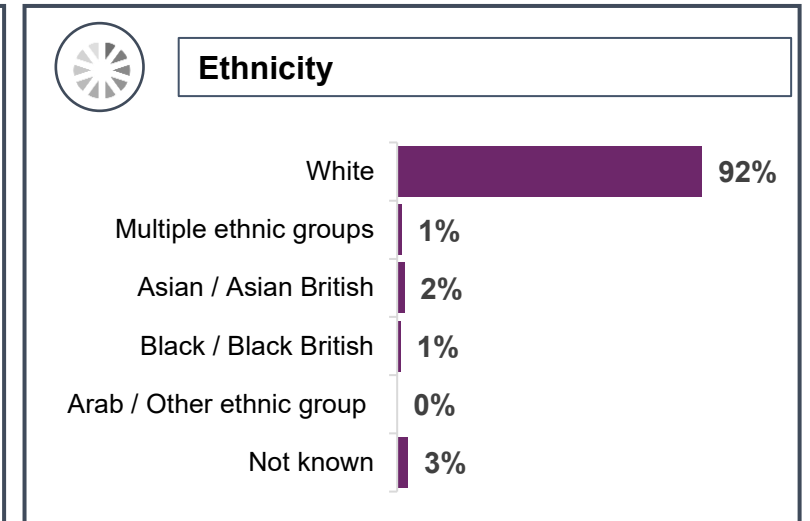
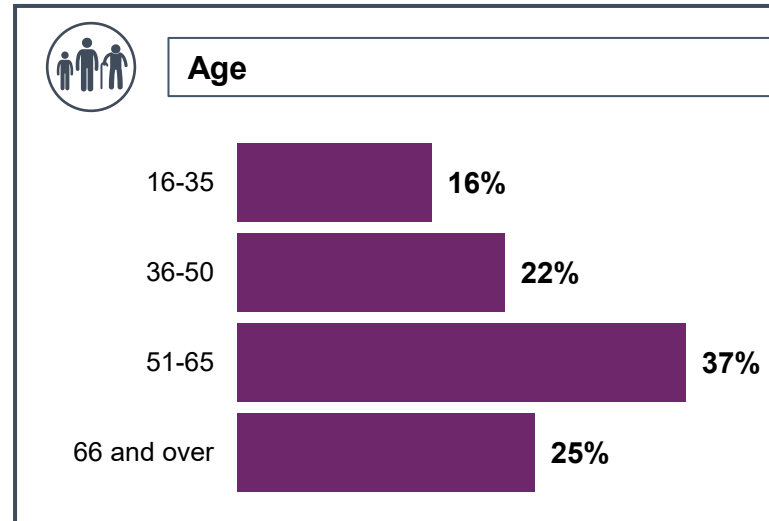


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Who took part in the survey?

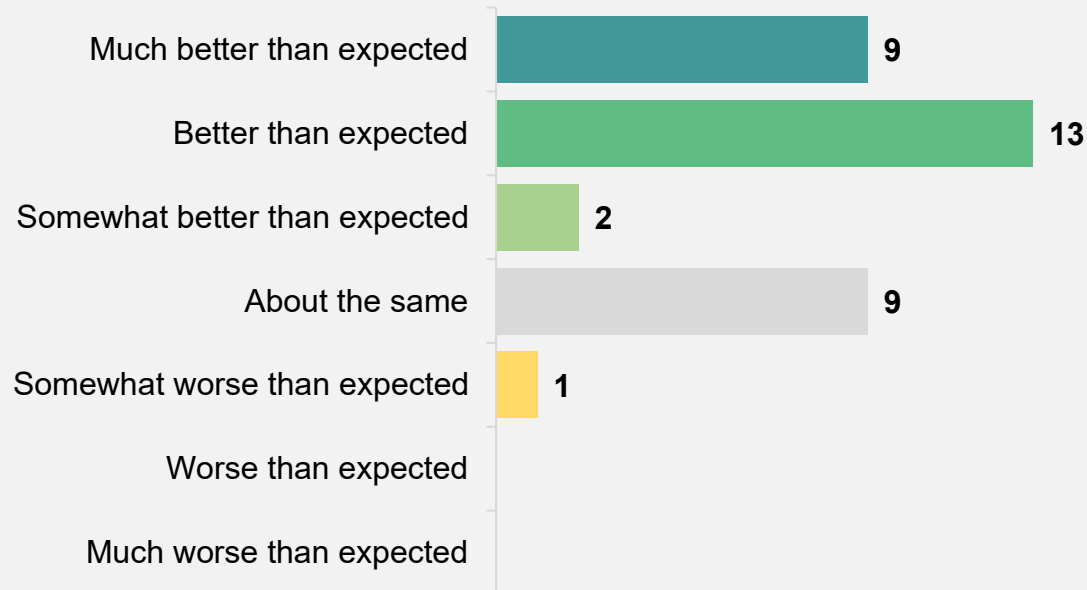
This slide is included to help you interpret responses and to provide information about the population of service users who took part in the survey.



Summary of findings for your trust

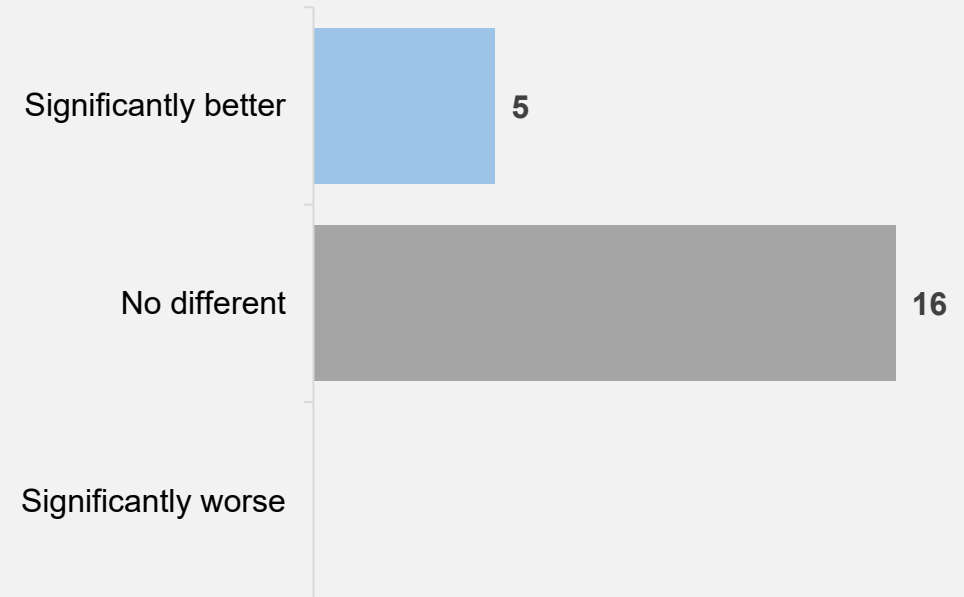
Comparison with other trusts

The **number of questions** at which your trust has performed better, worse, or about the same compared with all other trusts.



Comparison with last year's results

The **number of questions** at which your trust has performed statistically significantly better, significantly worse, or no different than your result from the previous year, 2025 vs 2024.



For a breakdown of the questions where your trust has performed better or worse compared with all other trusts, please refer to the section [“Comparison to other trusts”](#).

Best and worst performance relative to the national average

These five questions are calculated by comparing your trust's results to the national average.

- **Top five scores:** These are the five results for your trust that are highest compared with the national average. If none of the results for your trust are above the national average, then the results that are closest to the national average have been chosen, meaning a trust's best performance may be worse than the national average.
- **Bottom five scores:** These are the five results for your trust that are lowest compared with the national average. If none of the results for your trust are below the national average, then the results that are closest to the national average have been chosen, meaning a trust's worst performance may be better than the national average.

Top five scores (compared with national average)

■ Your trust score ■ National average

Section 9 Support in accessing care

Q37. Do you feel the support provided meets your needs?



Section 8 Support with other areas of life

Q31. In the last 12 months, has your NHS mental health team supported you with your physical health needs?



Section 3 Your care

Q15. Did your NHS mental health team involve you in a plan for your care?



Section 8 Support with other areas of life

Q32_1. In the last 12 months, did your NHS mental health team give you any help or advice with finding support for...Joining a group (e.g. art, sport etc)



Section 3 Your care

Q18. Has your NHS mental health team supported you to make decisions about your care and treatment?

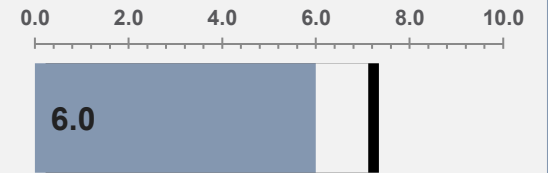


Bottom five scores (compared with national average)

■ Your trust score ■ National average

Section 1 Support while waiting

Q7. Was the support offered appropriate for your mental health needs?



Section 7 Crisis care access

Q28. Thinking about the last time you contacted NHS mental health crisis support, how did you feel about the length of time it took you to get through to someone?



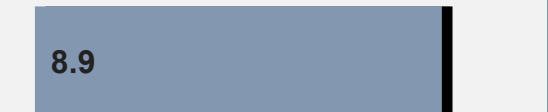
Section 6 Crisis care support

Q29. Thinking about the last time you contacted NHS mental health crisis support, did you get the help you needed?



Section 5 Psychological therapies

Q25. Thinking about the last time you received therapy, did you have enough privacy to talk comfortably?



Section 2 Mental Health Team

Q12. Did you have to repeat your mental health history to your NHS mental health team?



NHS Community Mental Health Survey

Results for Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust

Where service user experience **is best**

- ✓ **Support in accessing care:** support provided met service users' needs
- ✓ **Support with other areas of life:** service users being given support with physical health needs
- ✓ **Your care:** service users being involved in a plan for their care
- ✓ **Support with other areas of life:** service users being given help or advice with finding support for joining a group
- ✓ **Your care:** staff supported service users to make decisions about their care and treatment

Where service user experience **could improve**

- **Support while waiting:** service users offered appropriate support while waiting
- **Crisis care access:** the length of time it took service users to get through to support during a mental health crisis
- **Crisis care support:** service users getting help needed when they last contacted crisis support
- **Psychological therapies:** service users having enough privacy to talk comfortably during therapies
- **Mental health team:** service users repeating their mental health history to staff

These questions are calculated by comparing your trust's results to the national average. "Where service user experience is best": These are the five results for your trust that are highest compared with the national average. "Where service user experience could improve": These are the five results for your trust that are lowest compared with the national average.

This survey looked at the experiences of people who were receiving care or treatment for a mental health condition and had been treated by the trust between 1 April 2025 and 31 May 2025. Between August and November 2025, a questionnaire was sent to 1350 recent service users. Responses were received from 280 service users at this trust. If you have any questions about the survey and our results, please contact [INSERT TRUST CONTACT DETAILS].



Scoring and benchmarking

This section includes:

- how your trust scored for each evaluative question in the survey, compared with other trusts that took part
- an analysis technique called the 'expected range' to determine if your trust is performing about the same, better or worse compared with most other trusts

Please note: If data is missing, this is due to a low number of responses.



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How questions are scored

Each evaluative question is scored on a scale from 0 to 10. The scores represent the extent to which the service user's experience could be improved. A score of 0 is assigned to all responses that reflect considerable scope for improvement, whereas a score of 10 refers to the most positive service user experience possible. Where a number of options lay between the negative and positive responses, they are placed at equal intervals along the scale. Where options were provided that did not have any bearing on the trust's performance in terms of service user experience, the responses are classified as "not applicable" and a score is not given. Similarly, where respondents stated they could not remember or did not know the answer to a question, a score is not given.

Example of how questions are scored

The following provides an example for the scoring system applied for each respondent. For question 18 "Has your NHS mental health team supported you to make decisions about your care and treatment? Support includes sharing information on risks and benefits of your care and treatment.":

- The answer code "Yes, definitely" would be given a score of 10, as this refers to the most positive service user experience possible.
- The answer code "Yes, to some extent" would be given a score of 5, as it is placed at an equal interval along the scale.
- The answer code "No" would be given a score of 0, as this response reflects considerable scope for improvement.
- The answer code "Don't know / can't remember" would not be scored, as they do not have a clear bearing on the trust's performance in terms of service user's experience.

Calculating the trust score for each question

The weighted mean score for each trust, for each question, is calculated by dividing the sum of the weighted scores for a question by the weighted sum of all eligible respondents to the question for each trust. An example of this is provided in the [survey technical document](#).

Calculating the section score

An arithmetic mean of each trust's question scores is taken to provide a score for each section.

How to interpret benchmarking in this report

The charts in the 'benchmarking' section show how the score for your trust compares to the range of scores achieved by all trusts taking part in the survey. The black line shows the score for your trust. The graphs are divided into seven sections, comparing the score for your trust to most other trusts in the survey:

- If your trust's score lies in the **dark green section** of the graph, its result is 'Much better than expected'.
- If your trust's score lies in the **mid-green section** of the graph, its result is 'Better than expected'.
- If your trust's score lies in the **light green section** of the graph, its result is 'Somewhat better than expected'.
- If your trust's score lies in the **grey section** of the graph, its result is 'About the same'.
- If your trust's score lies in the **yellow section** of the graph, its result is 'Somewhat worse than expected'.
- If your trust's score lies in the **light orange section** of the graph, its result is 'Worse than expected'.
- If your trust's score lies in the **dark orange section** of the graph, its result is 'Much worse than expected'.

These groupings are based on a rigorous statistical analysis of the data termed the '[expected range](#)' technique.



How to interpret benchmarking in this report (continued)

The 'much better than expected', 'better than expected', 'somewhat better than expected', 'about the same', 'somewhat worse than expected', 'worse than expected' and 'much worse than expected' categories are based on an analysis technique called the 'expected range'. Expected range determines the range within which a trust's score could fall without differing significantly from the average, taking into account the number of respondents for each trust, to indicate whether the trust has performed significantly above or below what would be expected.

If it is within this expected range, we say that the trust's performance is 'about the same' as other trusts. Where a trust is identified as performing 'better' or 'worse' than the majority of other trusts, the result is unlikely to have occurred by chance.

The question score charts show the trust scores compared to the minimum and maximum scores achieved by any trust. In some cases, this minimum or maximum limit will mean that one or more of the bands are not visible – because the range of other bands is broad enough to include the highest or lowest score achieved by a trust this year. This could be because there were few respondents, meaning the confidence intervals around your data are slightly larger, or because there was limited variation between trusts for this question this year.

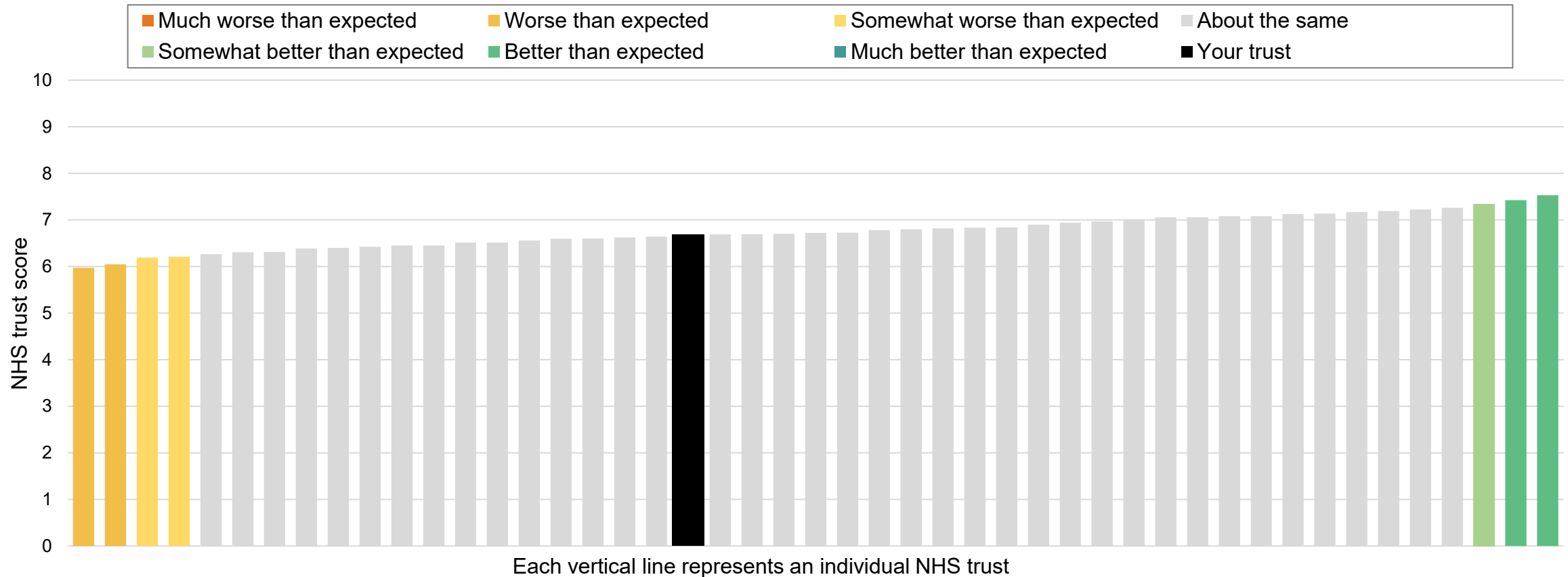
In some cases, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust. This occurs as the bandings are calculated through standard error rather than standard deviation. Standard error takes into account the number of responses achieved by a trust, and therefore the banding may differ for a trust with a low number of responses.

Additional information on the 'expected range' analysis technique can be found in the survey technical report on the [NHS Surveys website](#).

Section 1. Support while waiting

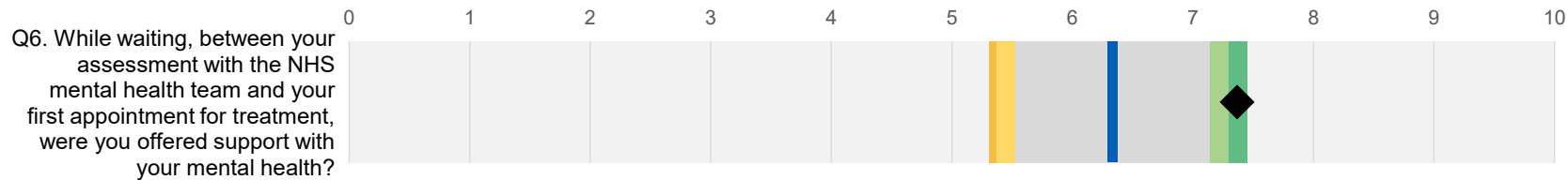
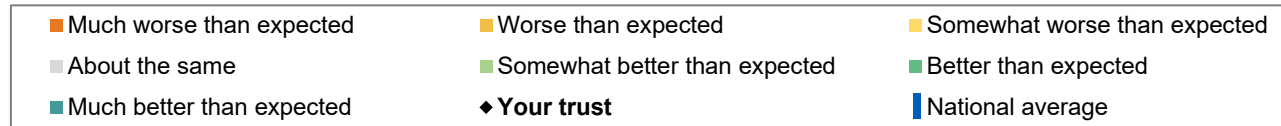
This shows the range of section scores for all NHS trusts. Section scores are calculated as the mean of a selection of questions that fall under a particular theme. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

Your trust section score = 6.7 About the same

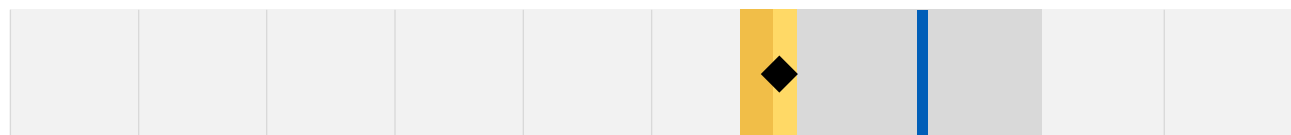


Section 1. Support while waiting (continued)

Question scores



Q7. Was the support offered appropriate for your mental health needs?



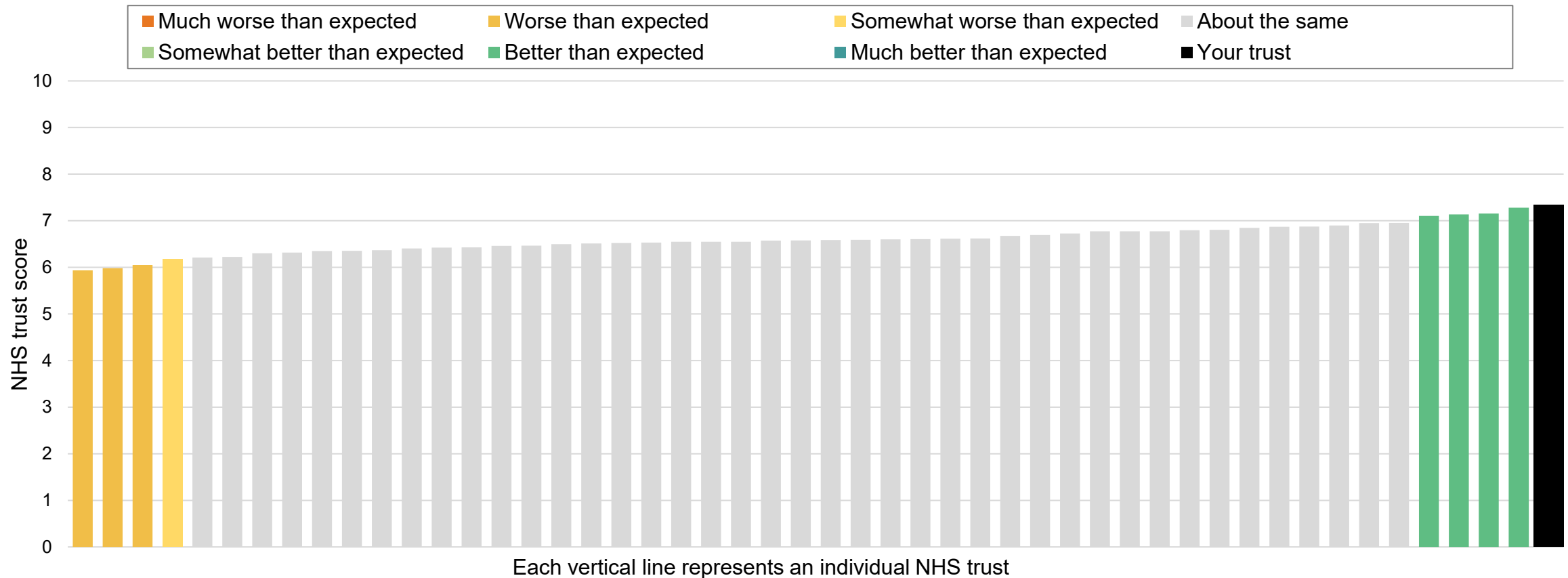
Number of respondents	Your trust score	All trusts in England		
		National average	Lowest score	Highest score
87	7.4	6.3	5.3	7.5

Number of respondents	Your trust score	All trusts in England		
		National average	Lowest score	Highest score
61	6.0	7.1	5.7	8.0

Section 2. Mental health team

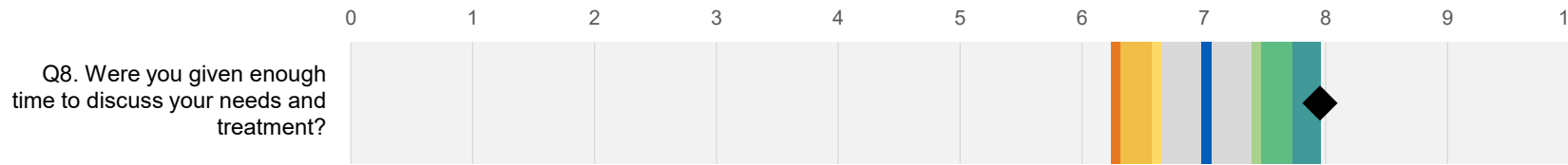
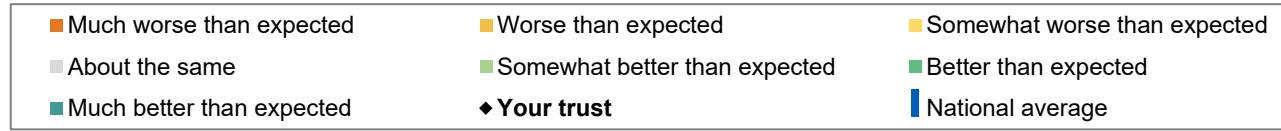
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Your trust section score = 7.3 Much better than expected

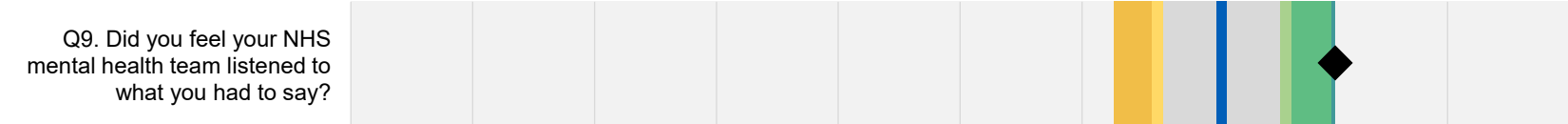


Section 2. Mental health team (continued)

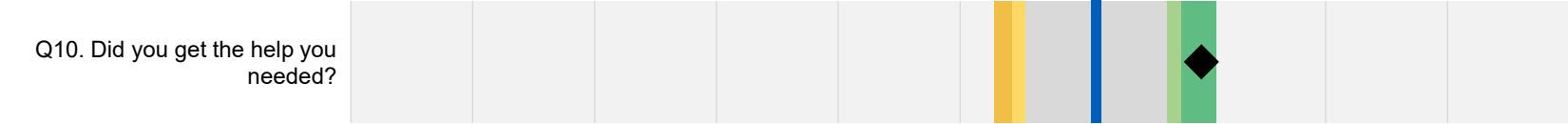
Question scores



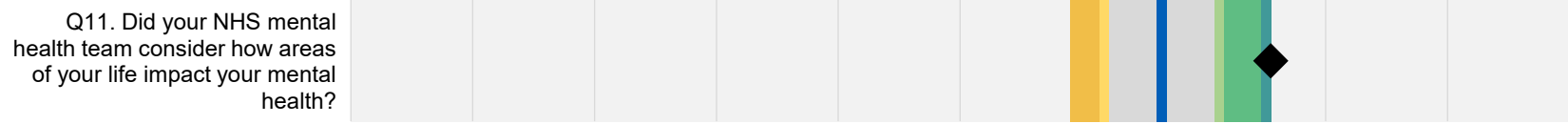
Number of respondents	Your trust score	All trusts in England		
		National average	Lowest score	Highest score
268	8.0	7.0	6.2	8.0



265	8.1	7.1	6.3	8.1
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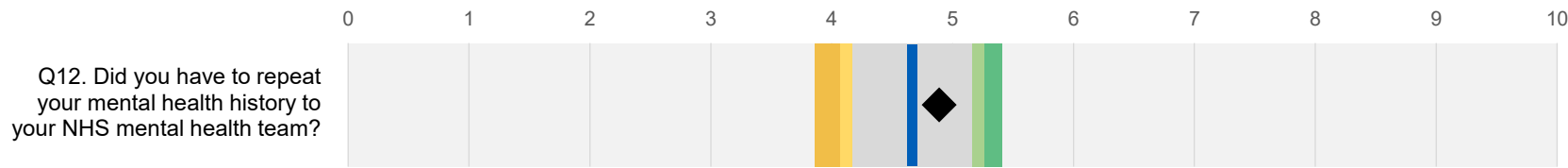
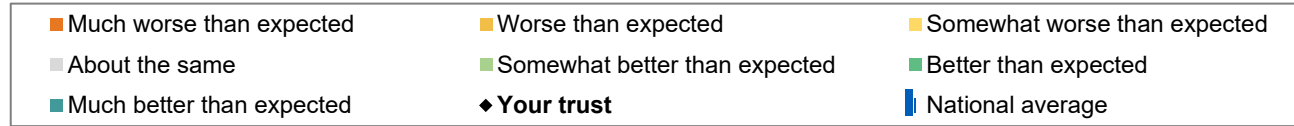
266	7.0	6.1	5.3	7.1
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264	7.5	6.7	5.9	7.5
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Section 2. Mental health team (continued)

Question scores



Number of respondents	Your trust score	All trusts in England		
		National average	Lowest score	Highest score
260	4.9	4.7	3.9	5.4

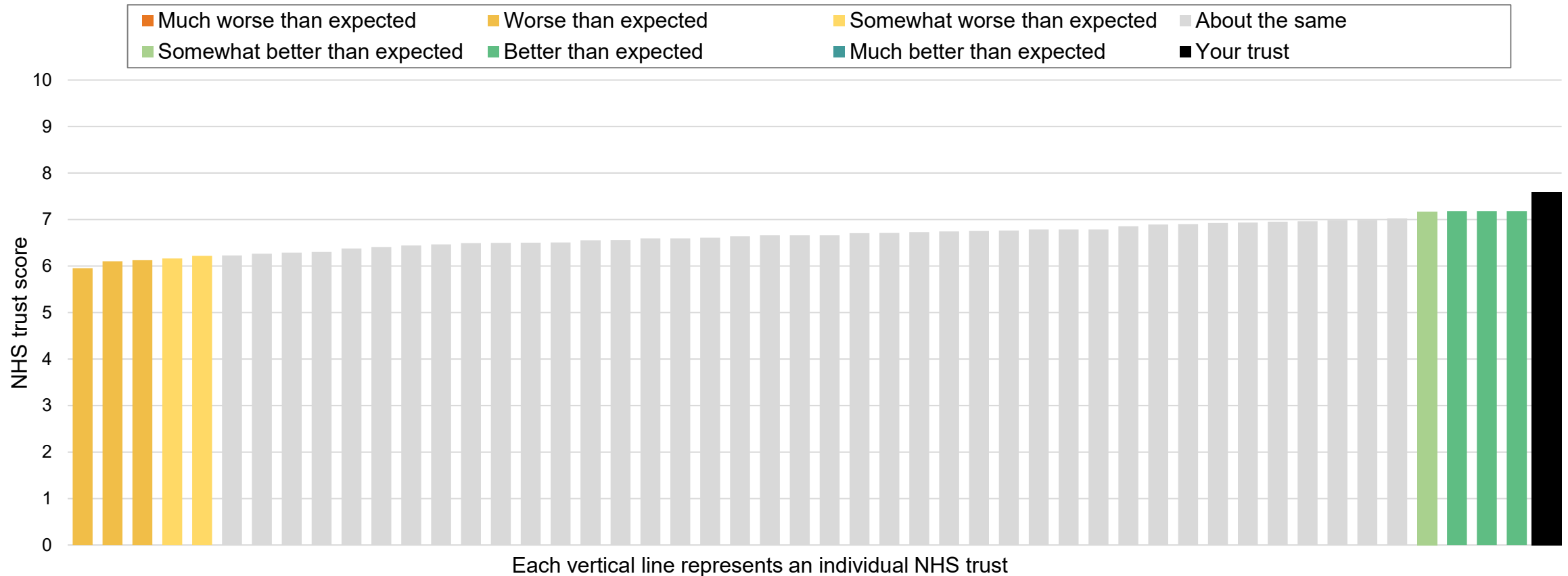


251	8.6	8.0	7.1	8.8
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Section 3. Your care

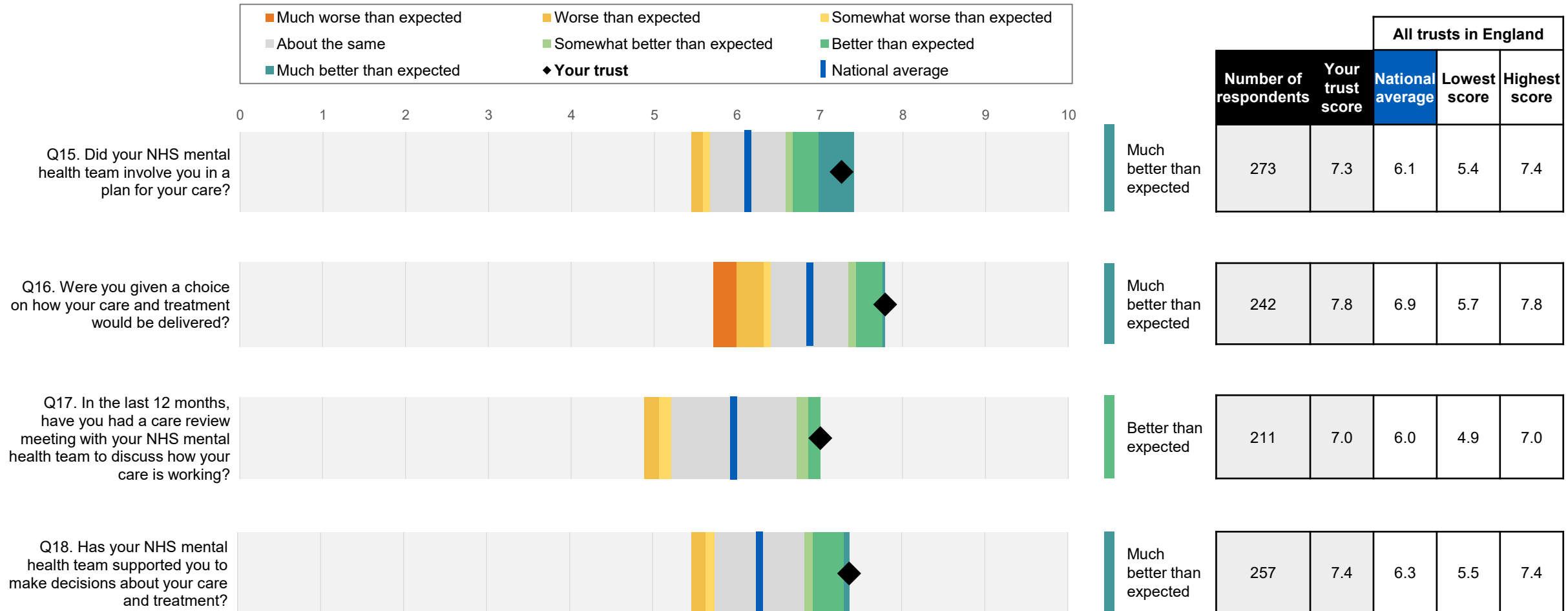
This shows the range of section scores for all NHS trusts. Section scores are calculated as the mean of a selection of questions that fall under a particular theme. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

Your trust section score = 7.6 Much better than expected



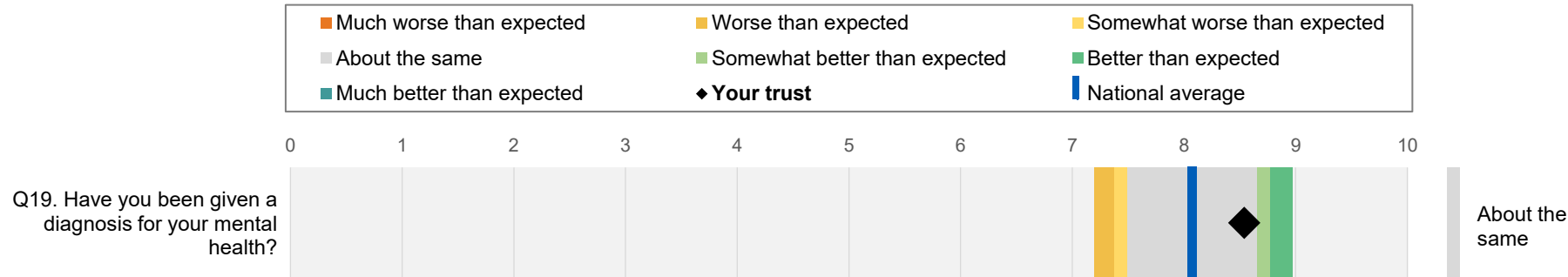
Section 3. Your care (continued)

Question scores



Section 3. Your care (continued)

Question scores

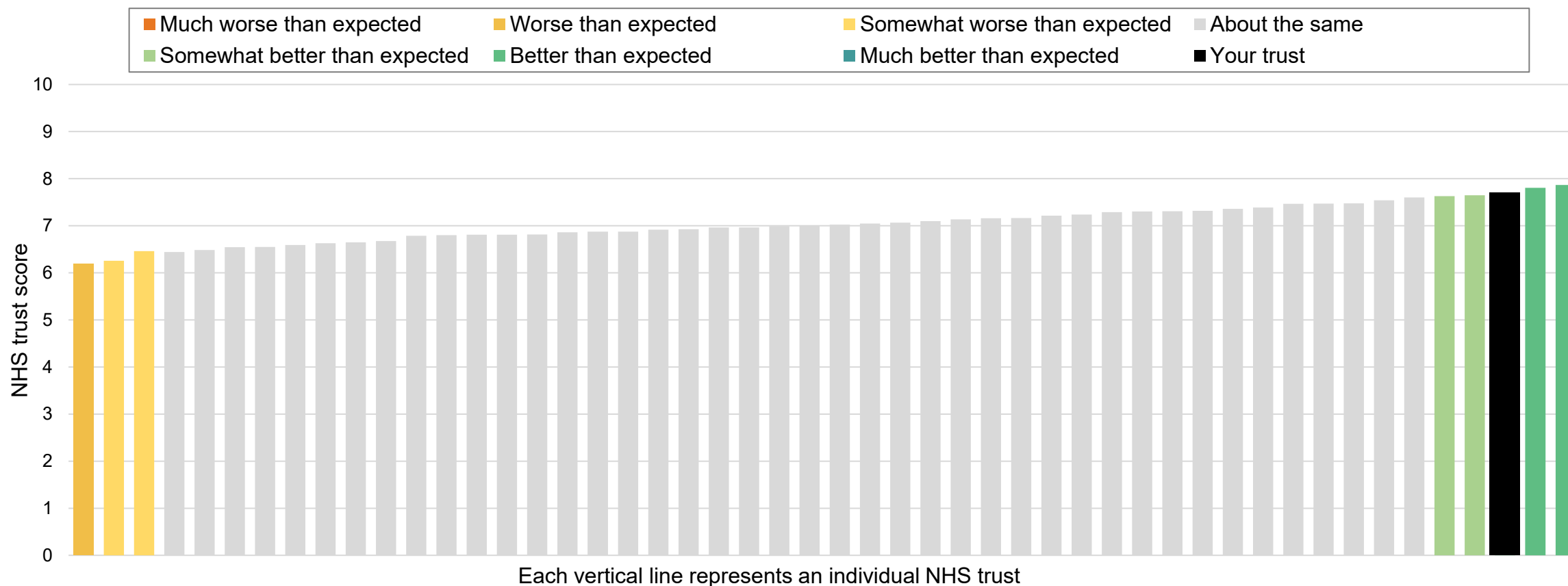


Number of respondents	Your trust score	All trusts in England		
		National average	Lowest score	Highest score
246	8.5	8.1	7.2	9.0

Section 4. Medication

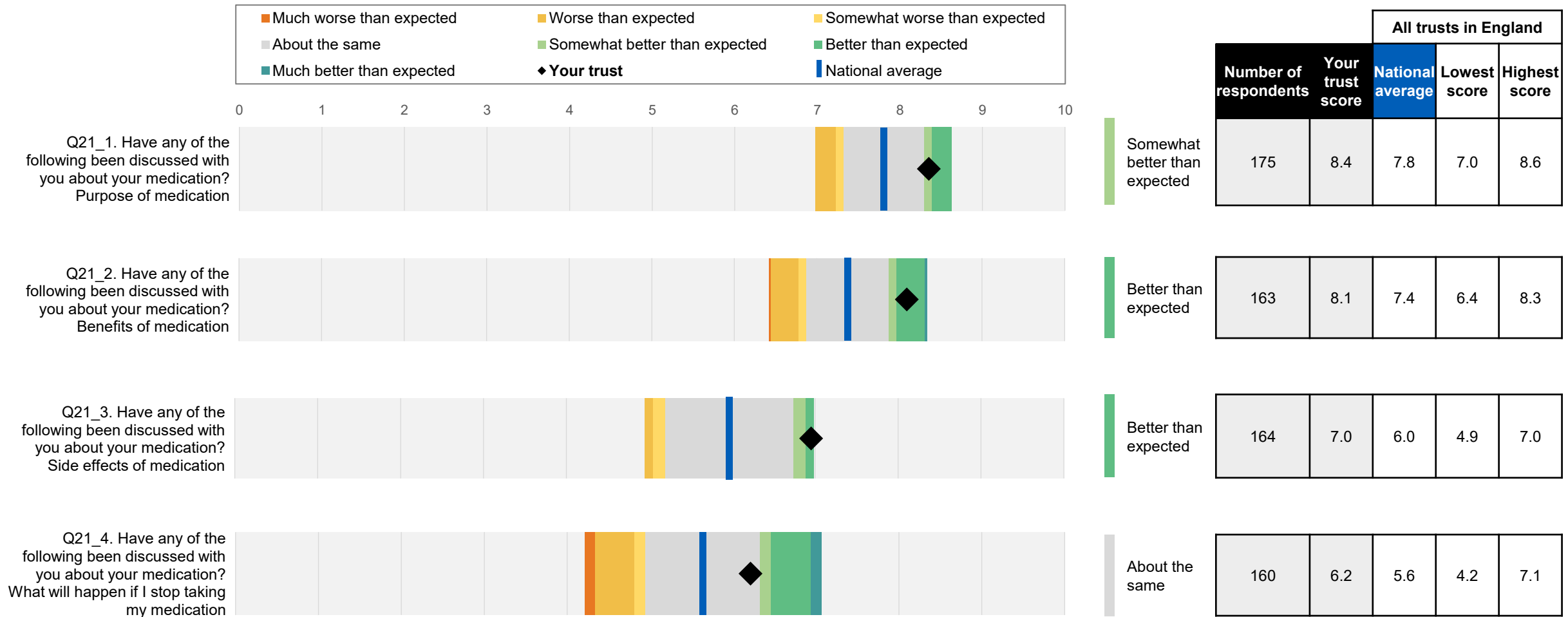
This shows the range of section scores for all NHS trusts. Section scores are calculated as the mean of a selection of questions that fall under a particular theme. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

Your trust section score = 7.7 Better than expected



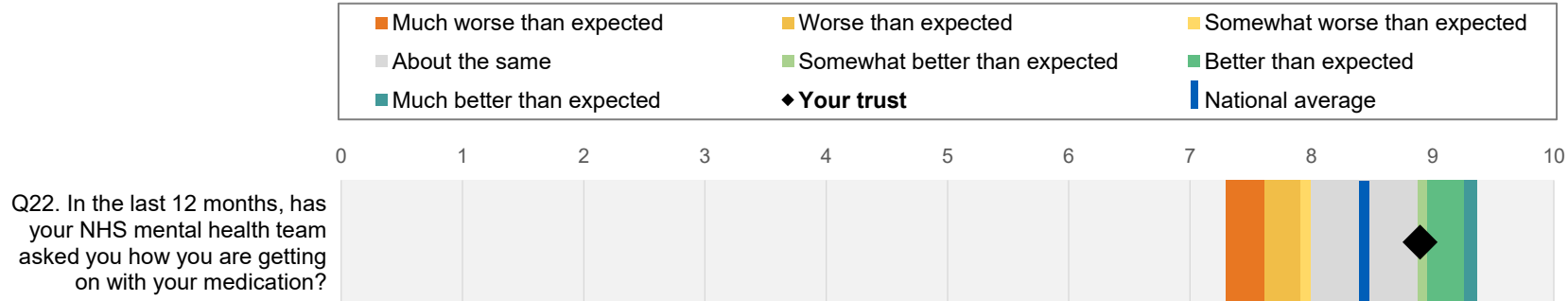
Section 4. Medication (continued)

Question scores



Section 4. Medication (continued)

Question scores



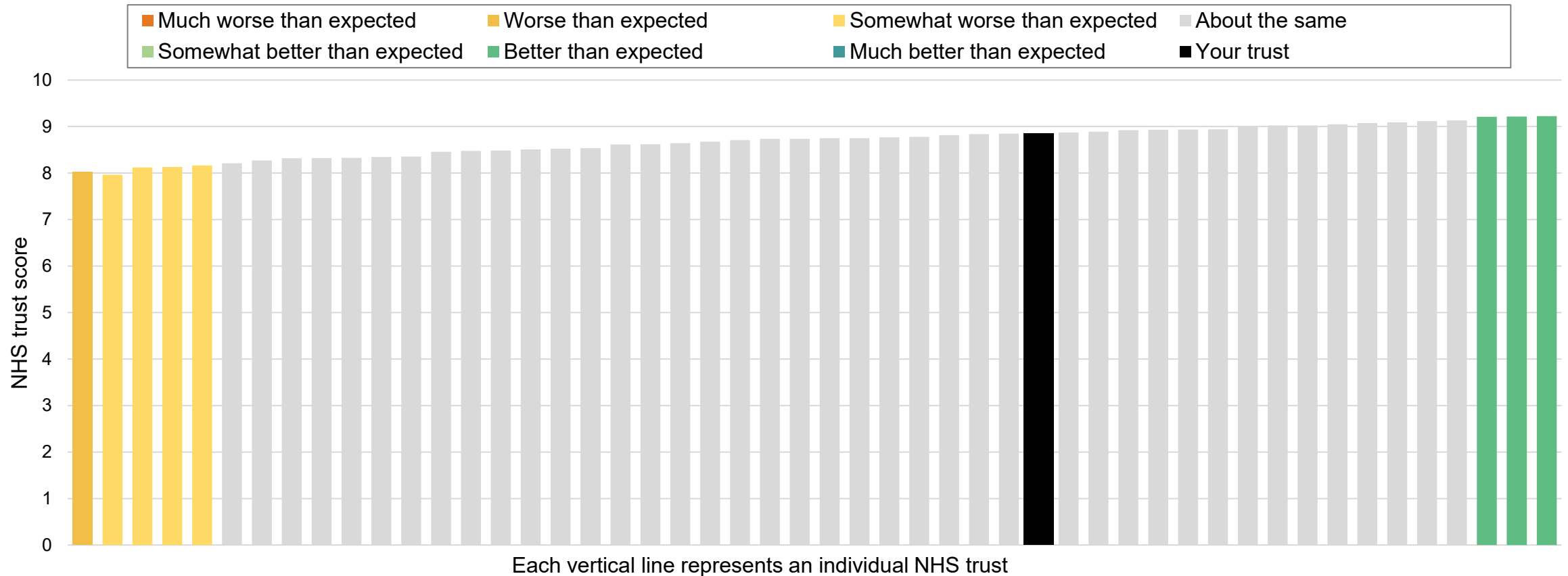
Number of respondents	Your trust score	All trusts in England		
		National average	Lowest score	Highest score
161	8.9	8.4	7.3	9.4

Somewhat better than expected

Section 5. Psychological therapies

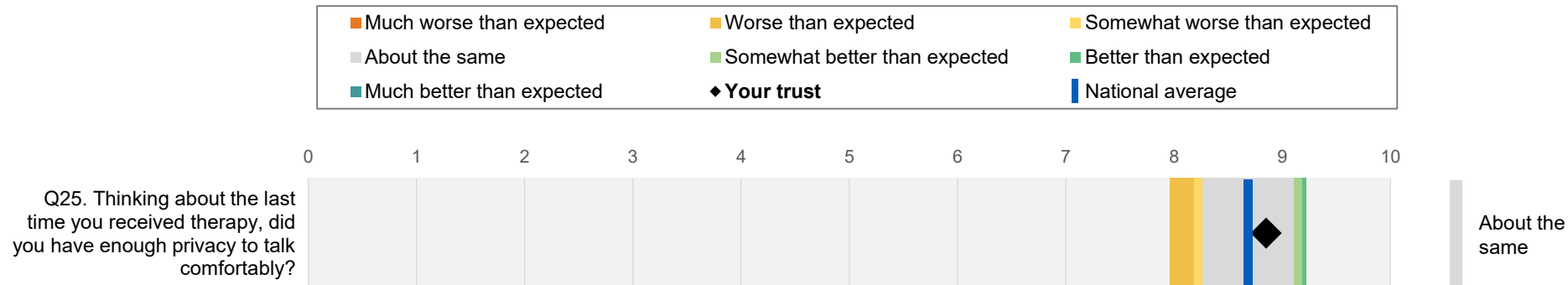
This shows the range of section scores for all NHS trusts. Section scores are calculated as the mean of a selection of questions that fall under a particular theme. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

Your trust section score = 8.9 About the same



Section 5. Psychological therapies (continued)

Question scores

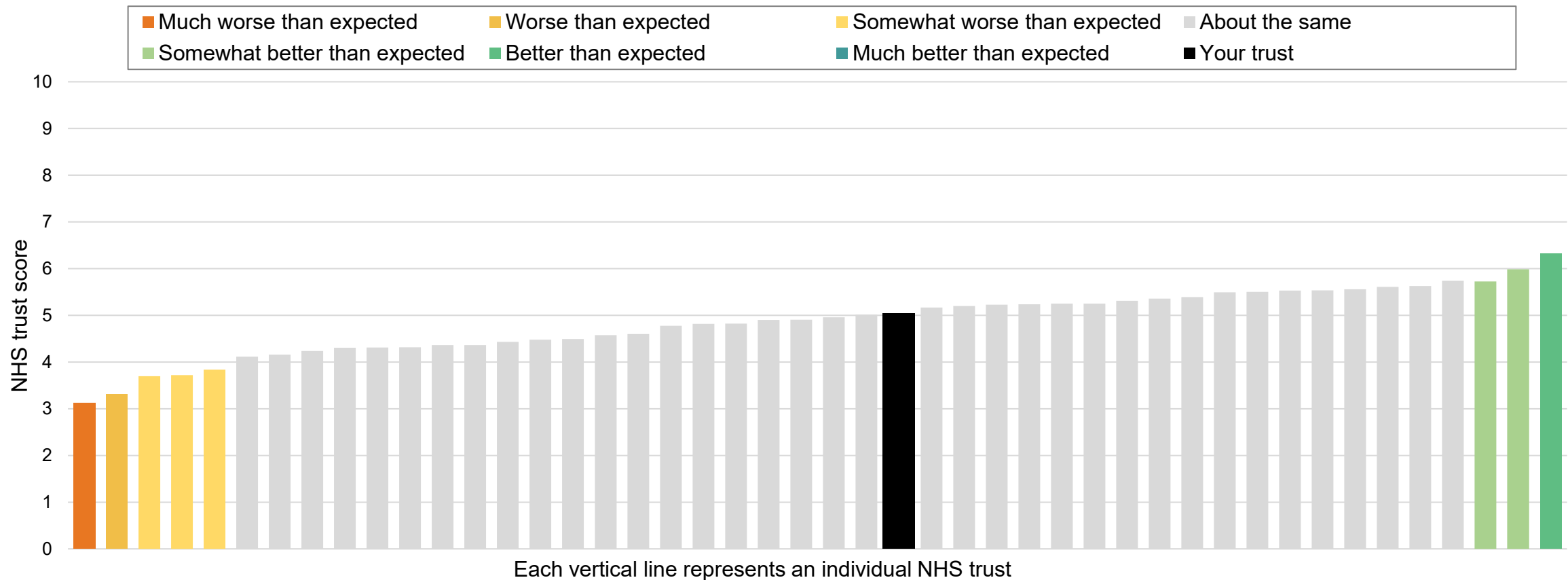


		All trusts in England		
Number of respondents	Your trust score	National average	Lowest score	Highest score
137	8.9	8.7	8.0	9.2

Section 6. Crisis care support

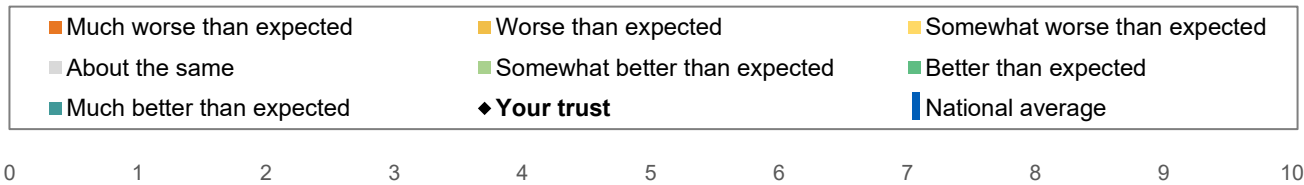
This shows the range of section scores for all NHS trusts. Section scores are calculated as the mean of a selection of questions that fall under a particular theme. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

Your trust section score = 5.0 About the same

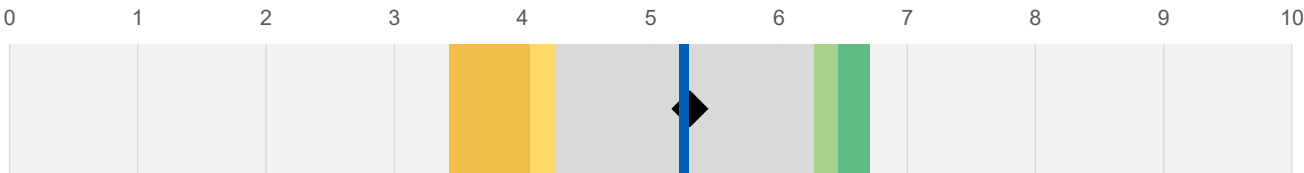


Section 6. Crisis care support (continued)

Question scores



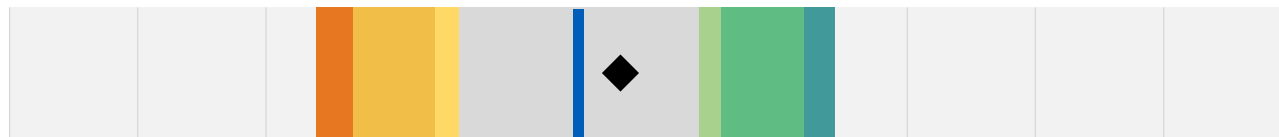
Q29. Thinking about the last time you contacted NHS mental health crisis support, did you get the help you needed?



About the same

Number of respondents	Your trust score	All trusts in England		
		National average	Lowest score	Highest score
84	5.3	5.3	3.4	6.7

Q30. Did the NHS mental health team give your family or carer information or support whilst you were in crisis?



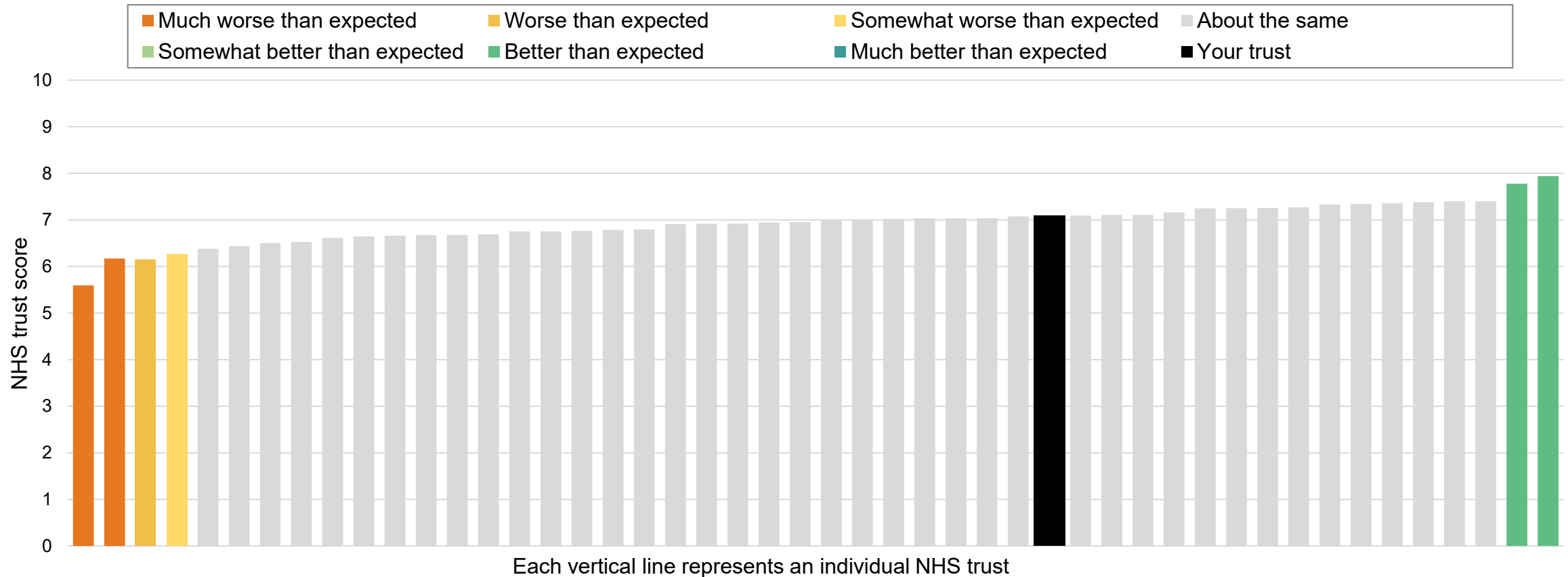
About the same

71	4.8	4.4	2.4	6.4
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Section 7. Crisis care access

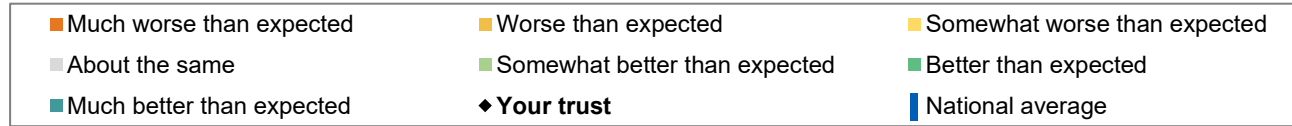
This shows the range of section scores for all NHS trusts. Section scores are calculated as the mean of a selection of questions that fall under a particular theme. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

Your trust section score = 7.1 About the same

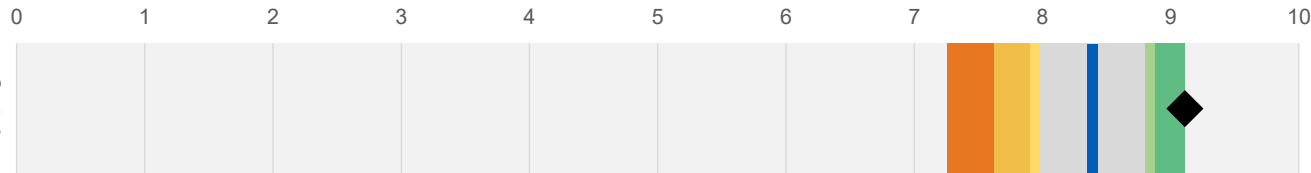


Section 7. Crisis care access (continued)

Question scores

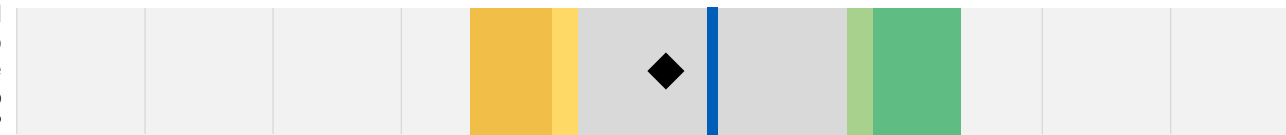


Q26. Would you know who to contact out of office hours within the NHS if you had a crisis?



Better than expected

Q28. Thinking about the last time you contacted NHS mental health crisis support, how do you feel about the length of time it took you to get through to someone?



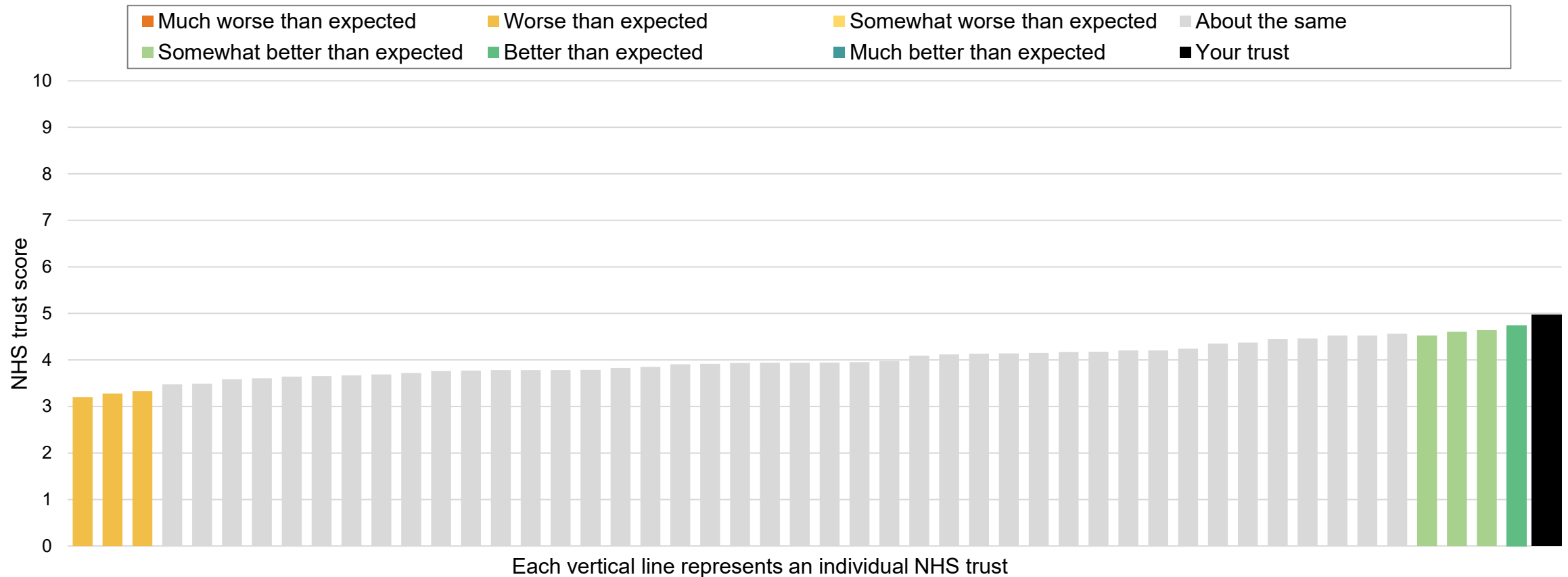
About the same

Number of respondents	Your trust score	All trusts in England		
		National average	Lowest score	Highest score
245	9.1	8.4	7.3	9.1
80	5.1	5.4	3.5	7.4

Section 8. Support with other areas of life

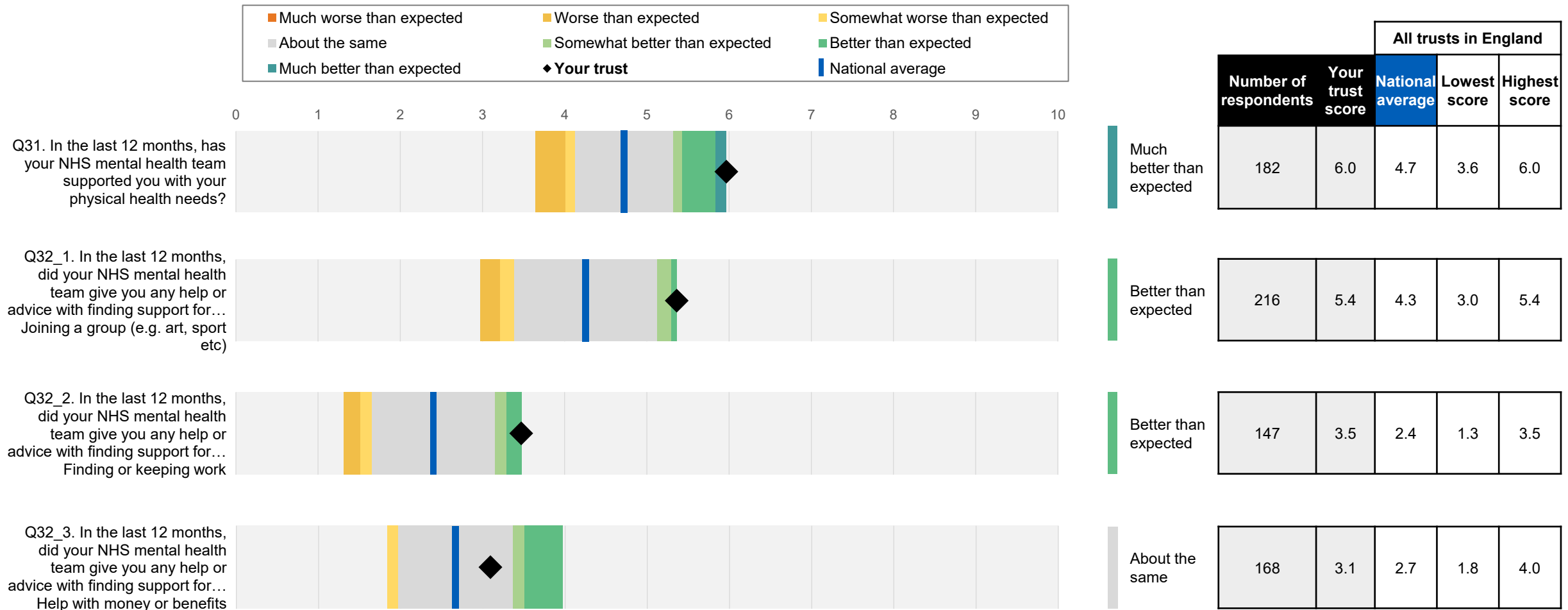
This shows the range of section scores for all NHS trusts. Section scores are calculated as the mean of a selection of questions that fall under a particular theme. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

Your trust section score = 5.0 Much better than expected



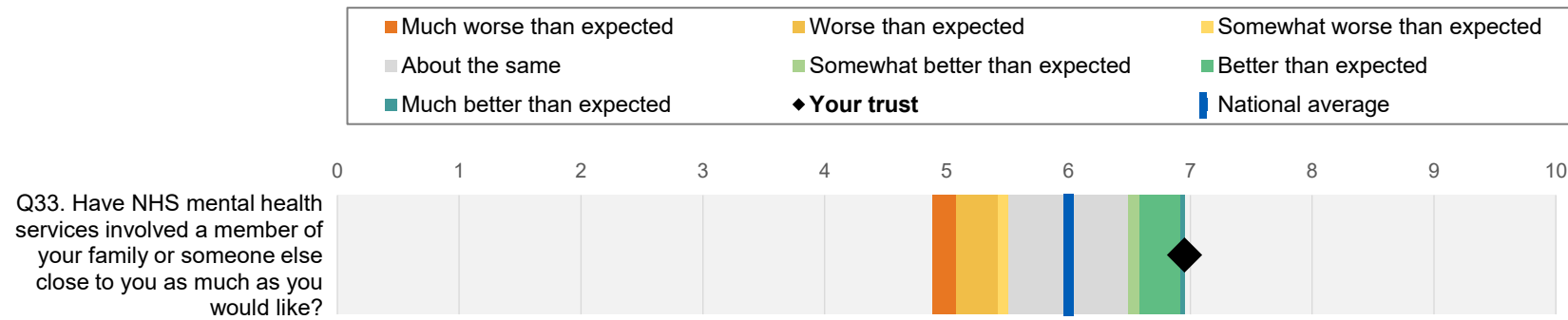
Section 8. Support with other areas of life (continued)

Question scores



Section 8. Support with other areas of life (continued)

Question scores

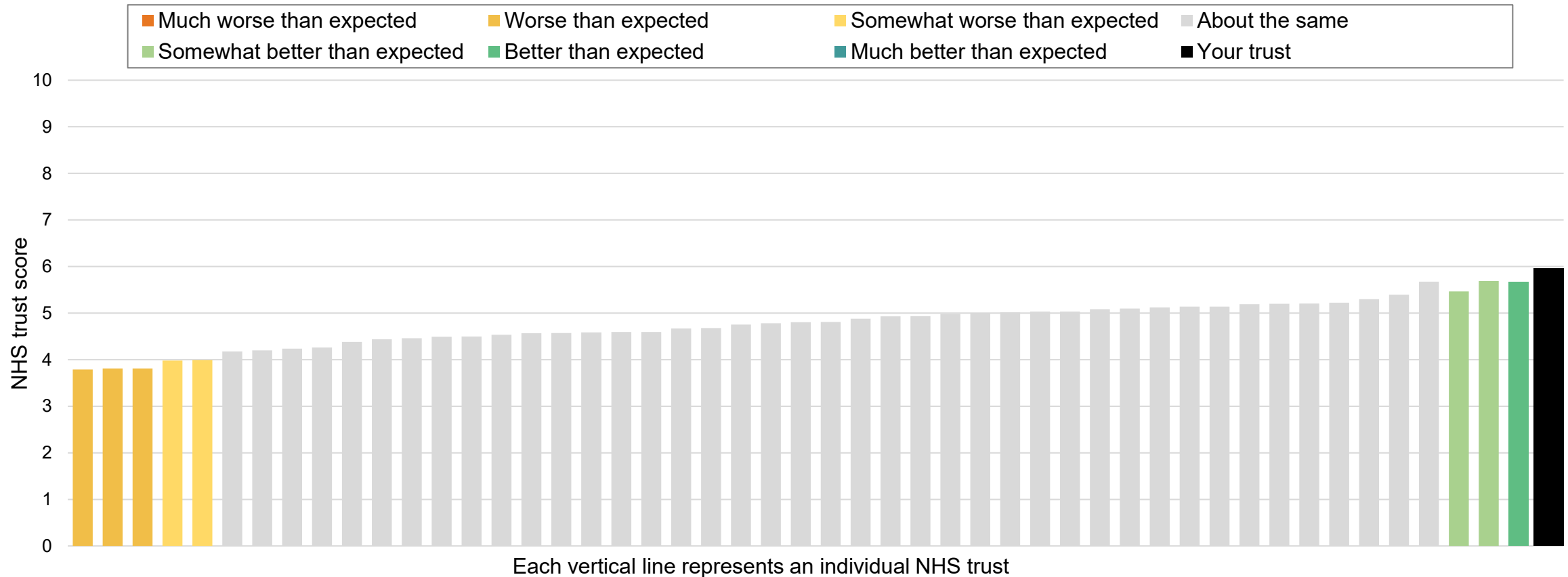


Number of respondents	Your trust score	All trusts in England		
		National average	Lowest score	Highest score
201	7.0	6.0	4.9	7.0

Section 9. Support in accessing care

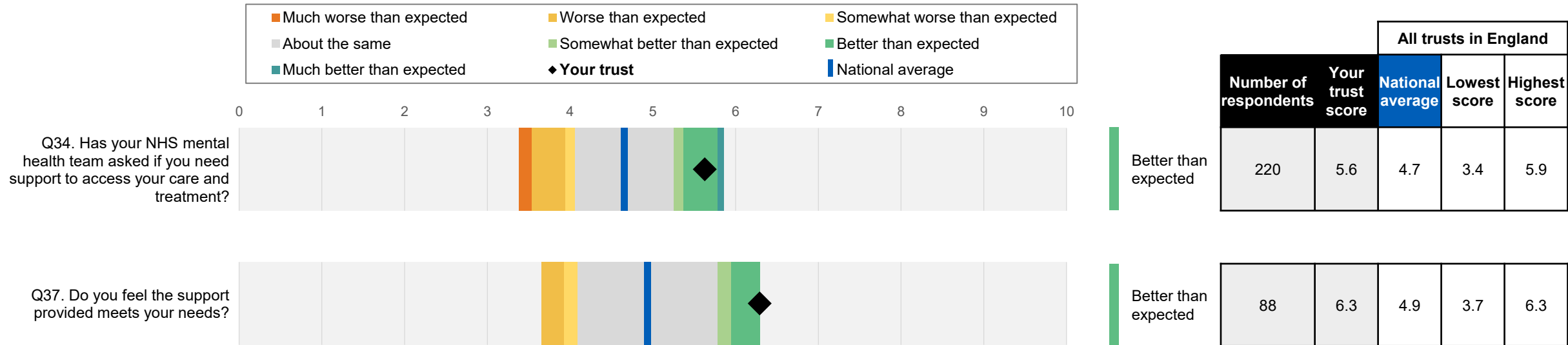
This shows the range of section scores for all NHS trusts. Section scores are calculated as the mean of a selection of questions that fall under a particular theme. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

Your trust section score = 6.0 Much better than expected



Section 9. Support in accessing care (continued)

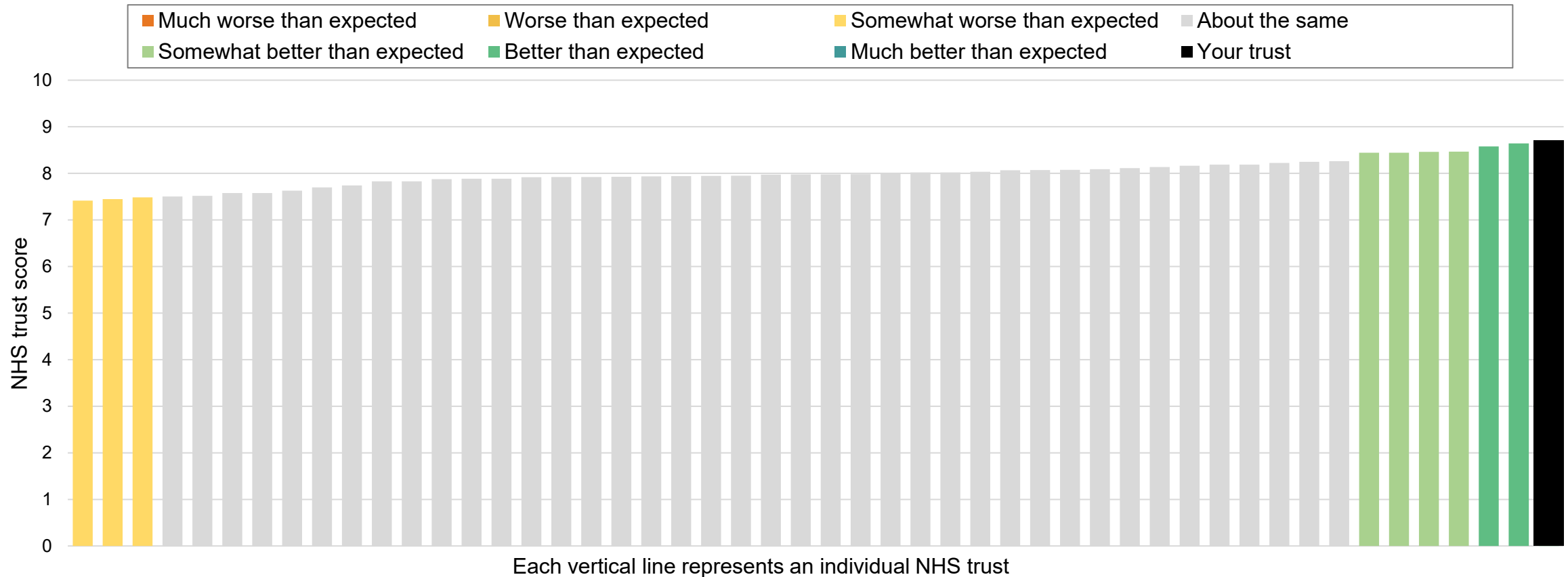
Question scores



Section 10. Respect, dignity and compassion

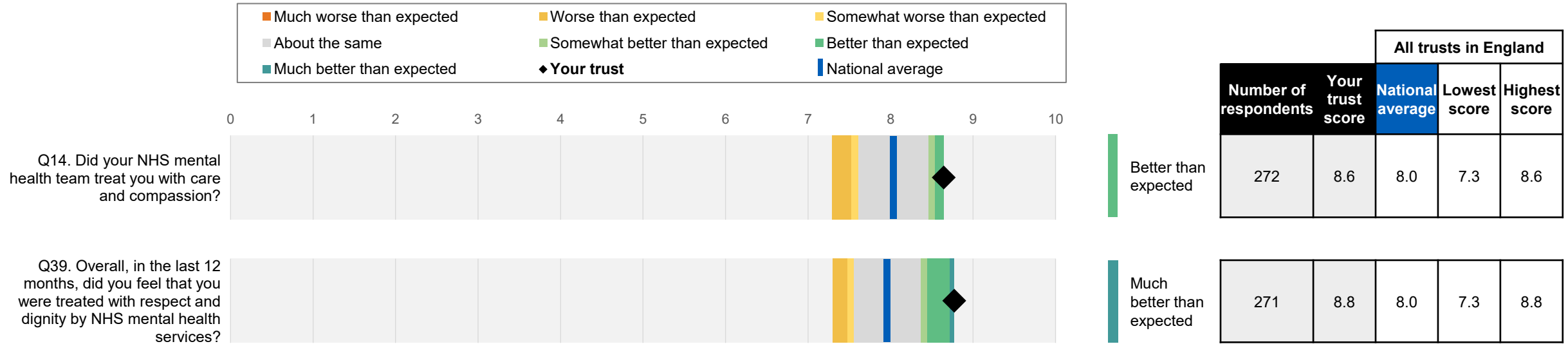
This shows the range of section scores for all NHS trusts. Section scores are calculated as the mean of a selection of questions that fall under a particular theme. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

Your trust section score = 8.7 Better than expected



Section 10. Respect, dignity and compassion (continued)

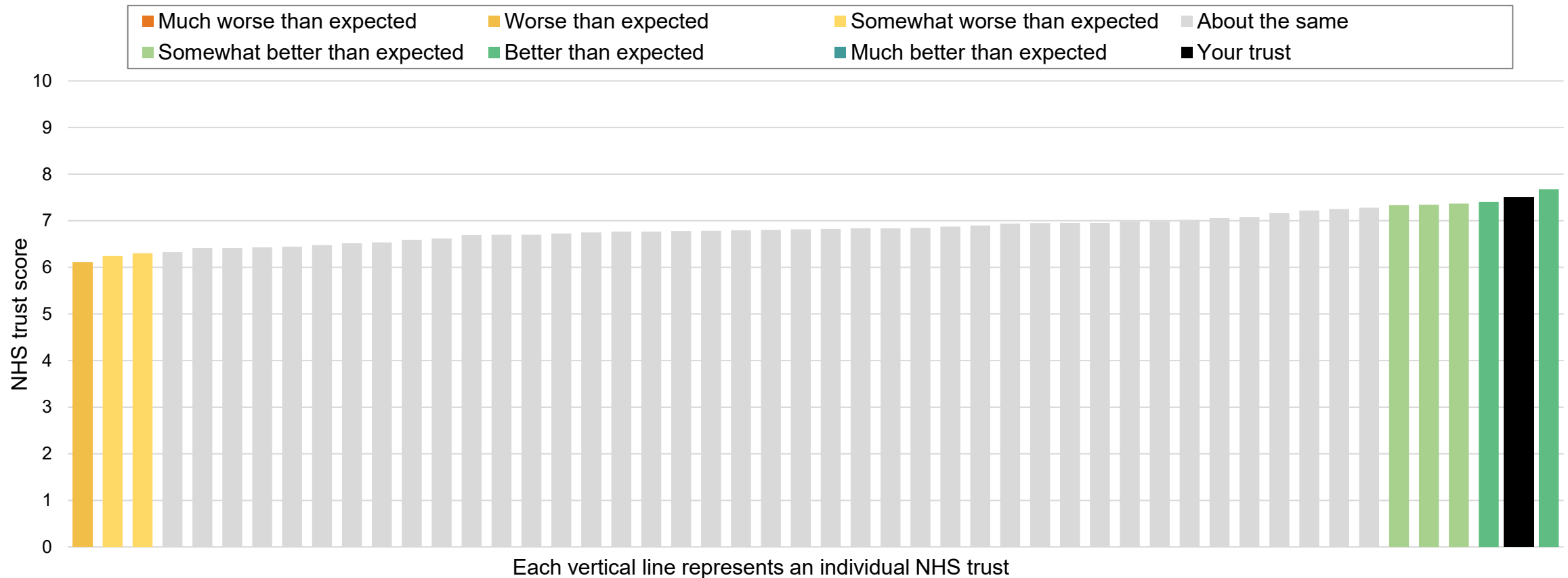
Question scores



Section 11. Overall experience

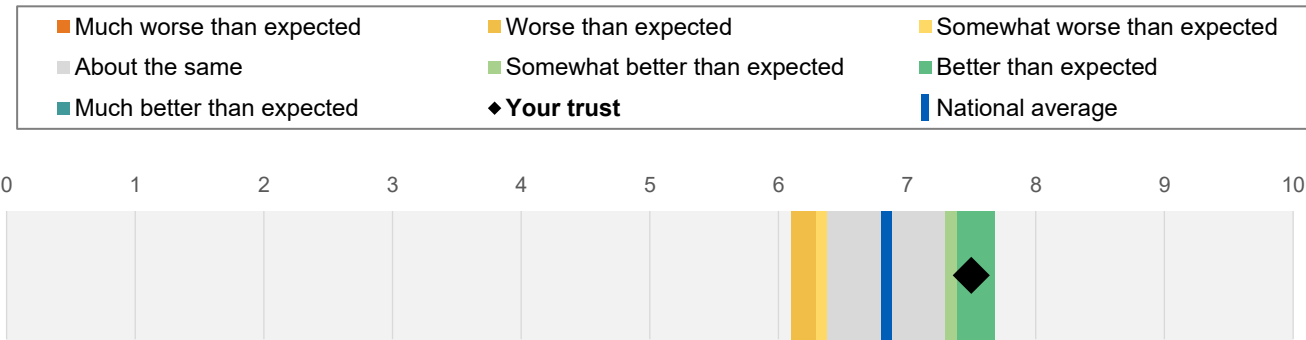
This shows the range of section scores for all NHS trusts. Section scores are calculated as the mean of a selection of questions that fall under a particular theme. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

Your trust section score = 7.5 Better than expected



Section 11. Overall experience (continued)

Question scores



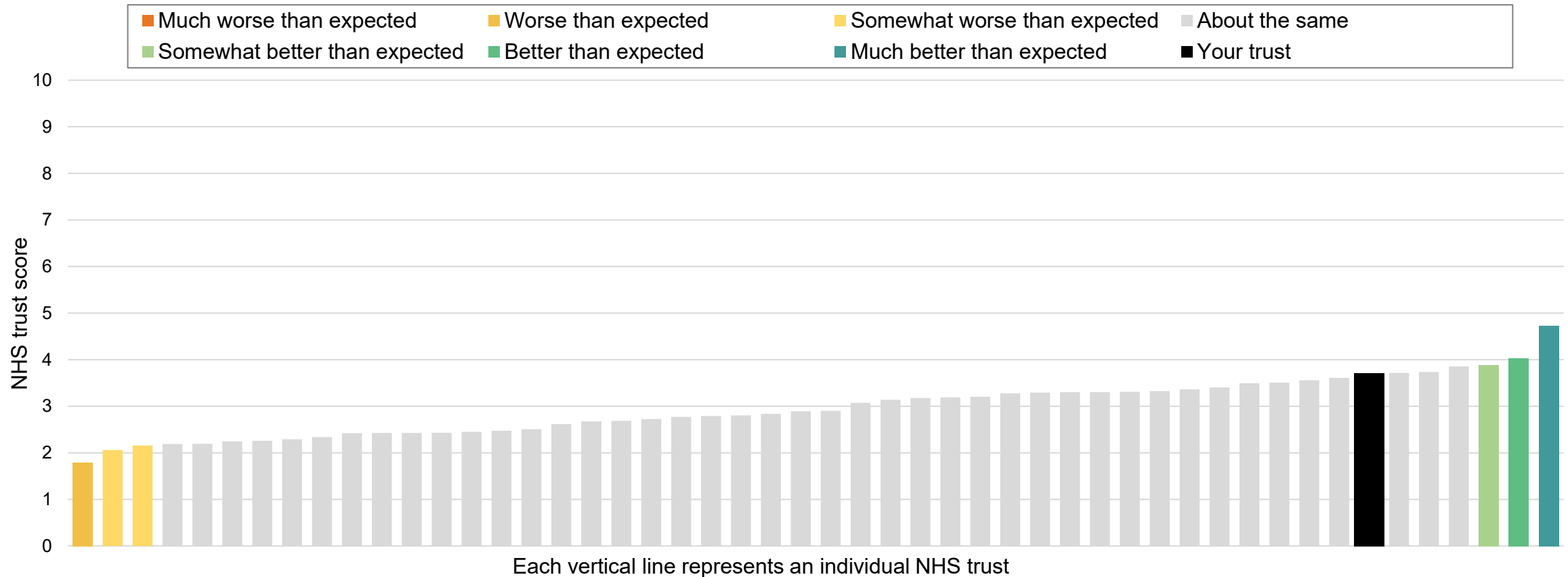
Number of respondents	Your trust score	All trusts in England		
		National average	Lowest score	Highest score
271	7.5	6.8	6.1	7.7

Better than expected

Section 12. Feedback

This shows the range of section scores for all NHS trusts. Section scores are calculated as the mean of a selection of questions that fall under a particular theme. The colour of the line denotes whether a trust has performed better, worse, or about the same compared with all other trusts (as detailed in the legend). The result for your trust is shown in black. Please note, as a result of the 'expected range' analysis technique used, a trust could be categorised as 'about the same' whilst having a lower score than a 'worse than expected' trust, or categorised as 'about the same' whilst having a higher score than a 'better than expected' trust.

Your trust section score = 3.7 About the same



Section 12. Feedback (continued)

Question scores



		All trusts in England		
Number of respondents	Your trust score	National average	Lowest score	Highest score
223	3.7	3.0	1.8	4.7

About the same

Change over time

This section includes:

- your mean trust score for each evaluative question in the survey
- where comparable data is available, statistical significance testing using a two-sample t-test has been carried out against the 2023, 2024 and 2025 survey results for each relevant question. Where a change in results is shown as ‘significant’, this indicates that this change is not due to random chance, but is likely due to some particular factor at your trust

Please note:

- If data is missing for a survey year, this is due to a low number of responses, or because the trust data was not included in the survey that year, due to sampling errors or ineligibility.
- The following questions were new, amended or non-comparable and therefore are not included in this section: Q13, Q15, Q19, Q20, Q21_1, Q21_2, Q21_3, Q21_4, Q22, Q27, Q28, Q29, Q30, Q32_3, Q37.
- A two-sample t-test is a statistical test used to compare the means of two groups to see if there is a significant difference between them and assess whether observed differences are likely due to chance or not.



Survey
Coordination
Centre



How to interpret change over time in this report

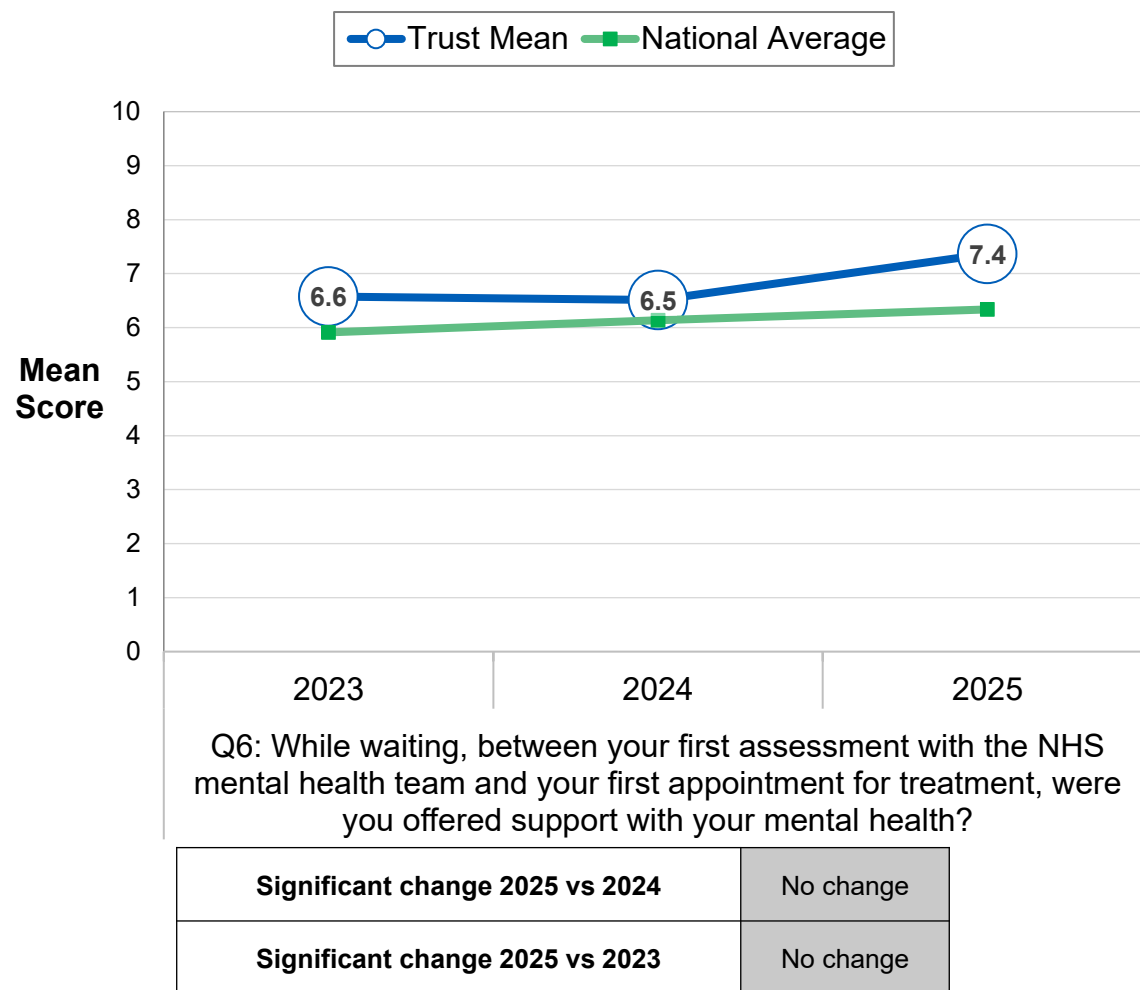
The charts in the 'change over time' section show how your trust scored in each Community mental health survey iteration. Where available, trend data from 2023 to 2025 is shown. If a question only has one data point, this question is not shown. Questions that are not historically comparable are also not shown.

Each question is displayed in a line chart. These charts show your trust mean score for each survey year (blue line). The national average is also shown across survey years, this is the average score for that question across all NHS community mental health trusts in England (green line). This enables you to see how your trust compares to the national average. If there is data missing for a survey year, this may be due to either a low number of responses, because the trust was not included in the survey that year, sampling errors or ineligibility.

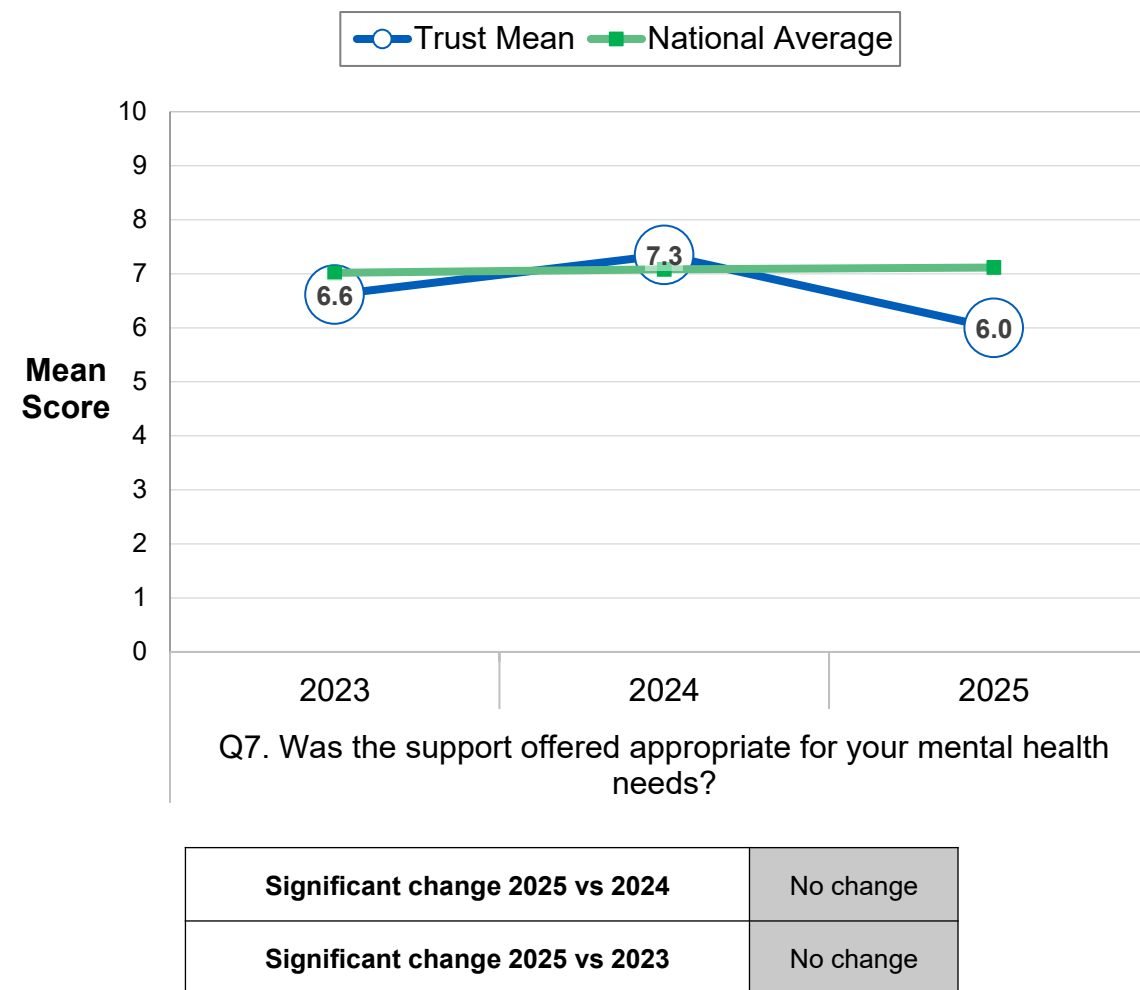
Statistically significant changes are also displayed in the table underneath the charts, showing significant differences between this year (2025) and the previous years (2023 and 2024). Z-tests set to 95% significance were used to compare data between the three years (2025 vs 2024 and 2025 vs 2023). A statistically significant difference means it is unlikely we would have obtained this result if there was no real difference.



Section 1. Support while waiting

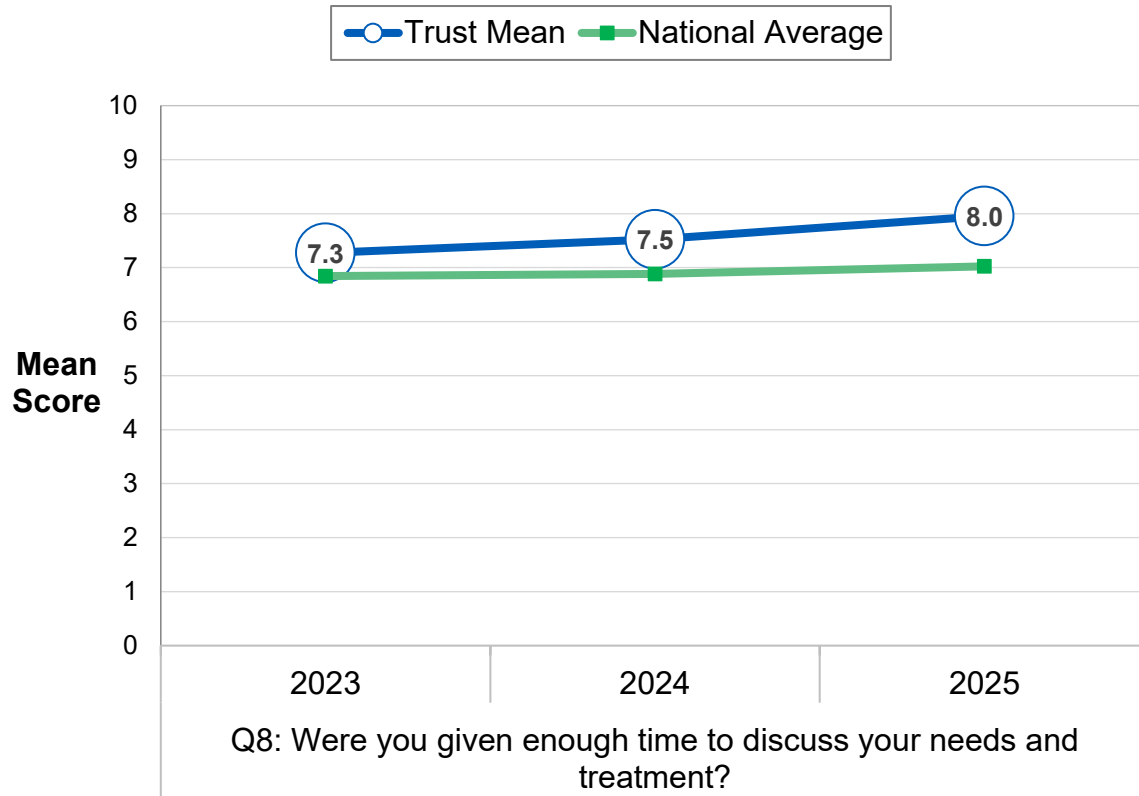


Answered by those who have been in contact with the NHS mental health services for the past 2 years. Respondents who stated that they didn't know or couldn't remember have been excluded. Number of respondents: 2023: 87; 2024: 67; 2025: 87



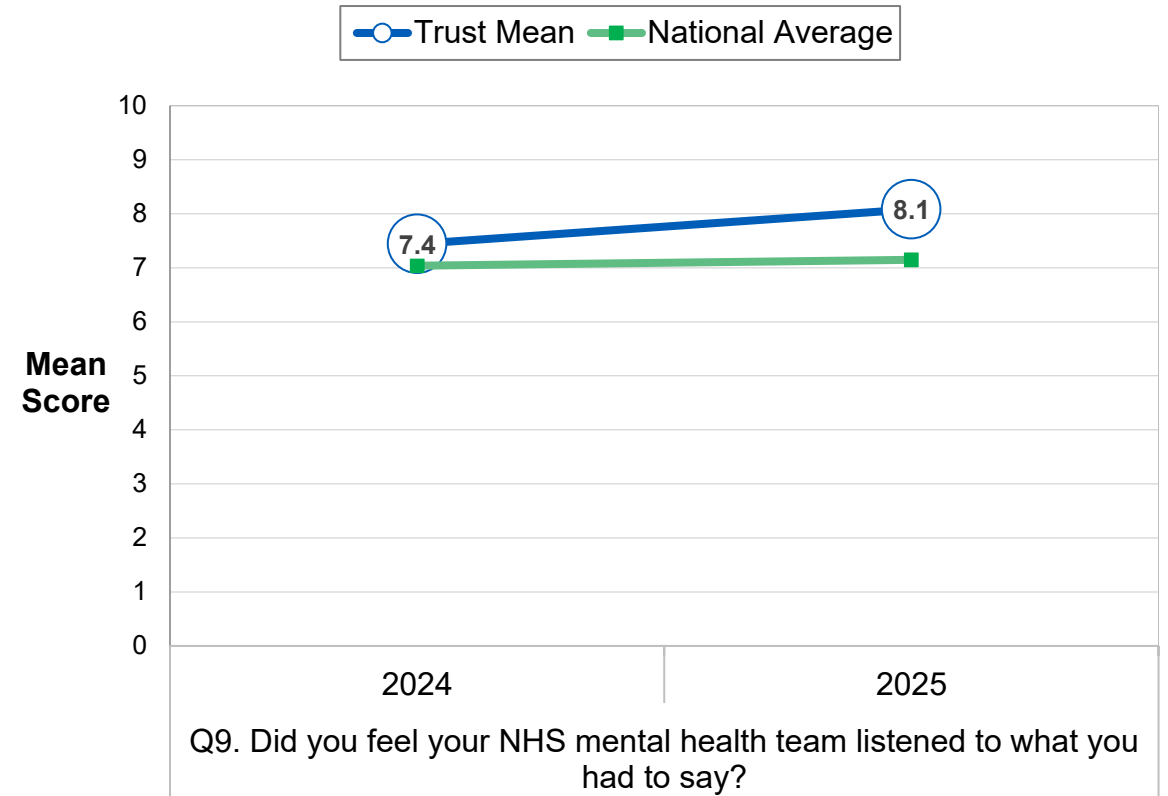
Answered by those who have been in contact with the NHS mental health services for the past 2 years and were offered support while waiting for treatment. Respondents who stated that they didn't know or couldn't remember or that they did not need any support have been excluded. Number of respondents: 2023: 59; 2024: 42; 2025: 61

Section 2. Mental health team



Significant change 2025 vs 2024	No change
Significant change 2025 vs 2023	Increase

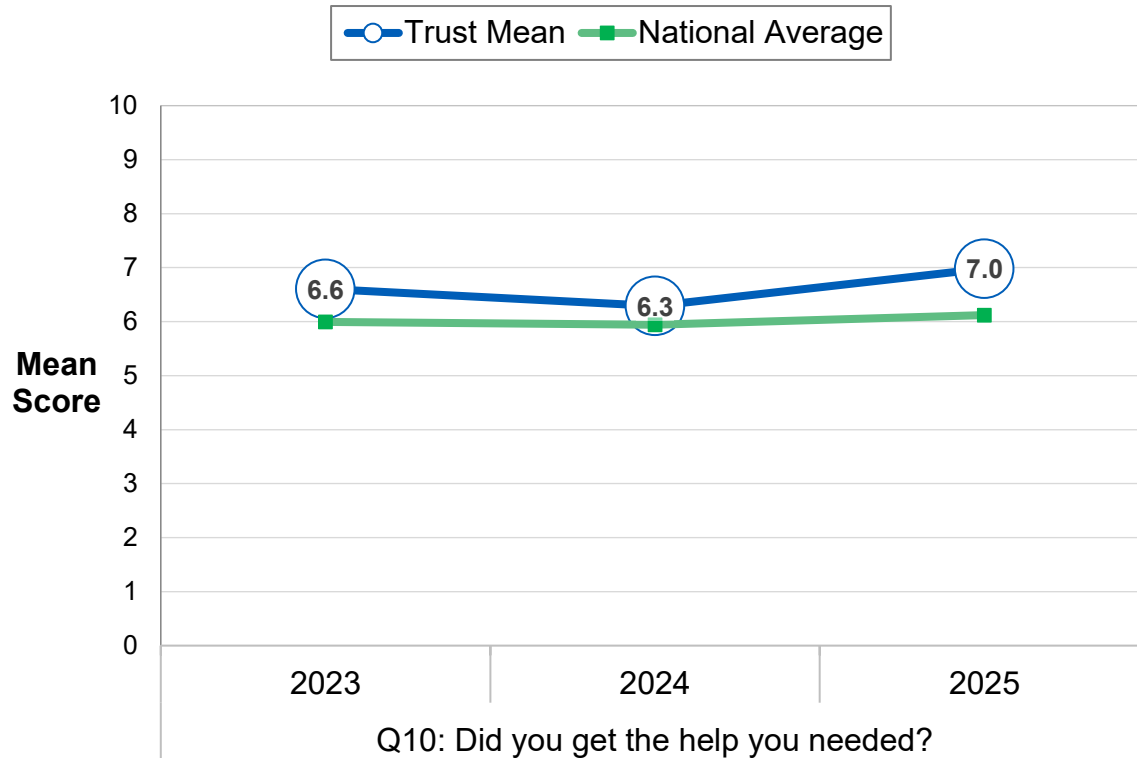
Answered by all. Respondents who stated that they didn't know or couldn't remember have been excluded.
 Number of respondents: 2023: 259; 2024: 216; 2025: 268



Significant change 2025 vs 2024	No change
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Answered by all. Respondents who stated that they didn't know or couldn't remember have been excluded.
 Number of respondents: 2024: 215; 2025: 265

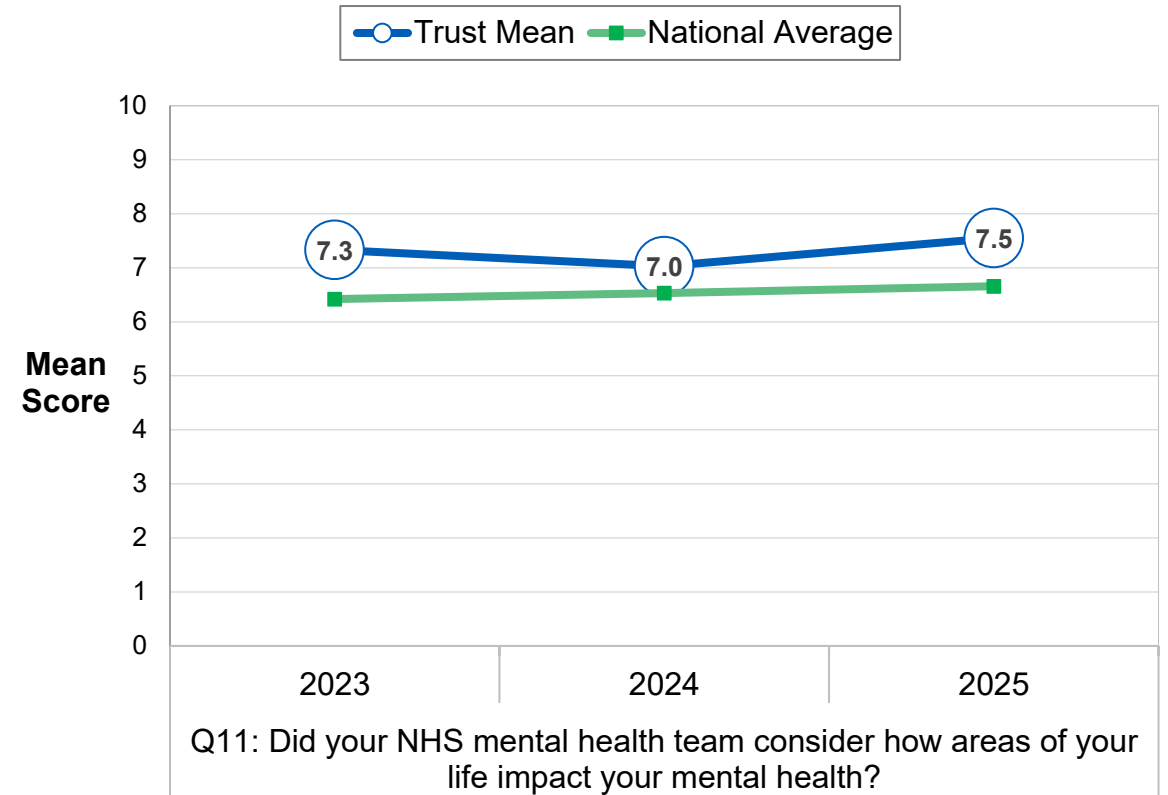
Section 2. Mental health team (continued)



Significant change 2025 vs 2024	Increase
Significant change 2025 vs 2023	No change

Answered by all. Respondents who stated that they didn't know or couldn't remember have been excluded.

Number of respondents: 2023: 256; 2024: 215; 2025: 266

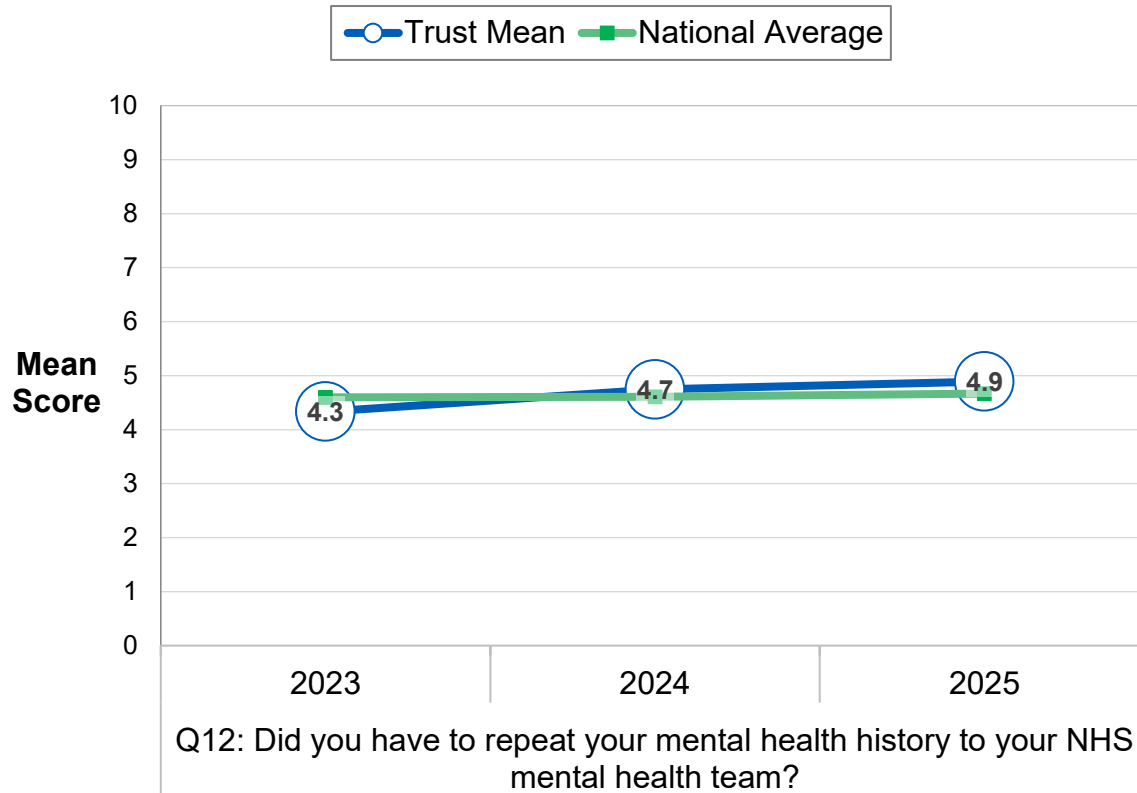


Significant change 2025 vs 2024	No change
Significant change 2025 vs 2023	No change

Answered by all. Respondents who stated that they didn't know or couldn't remember have been excluded.

Number of respondents: 2023: 250; 2024: 214; 2025: 264

Section 2. Mental health team (continued)

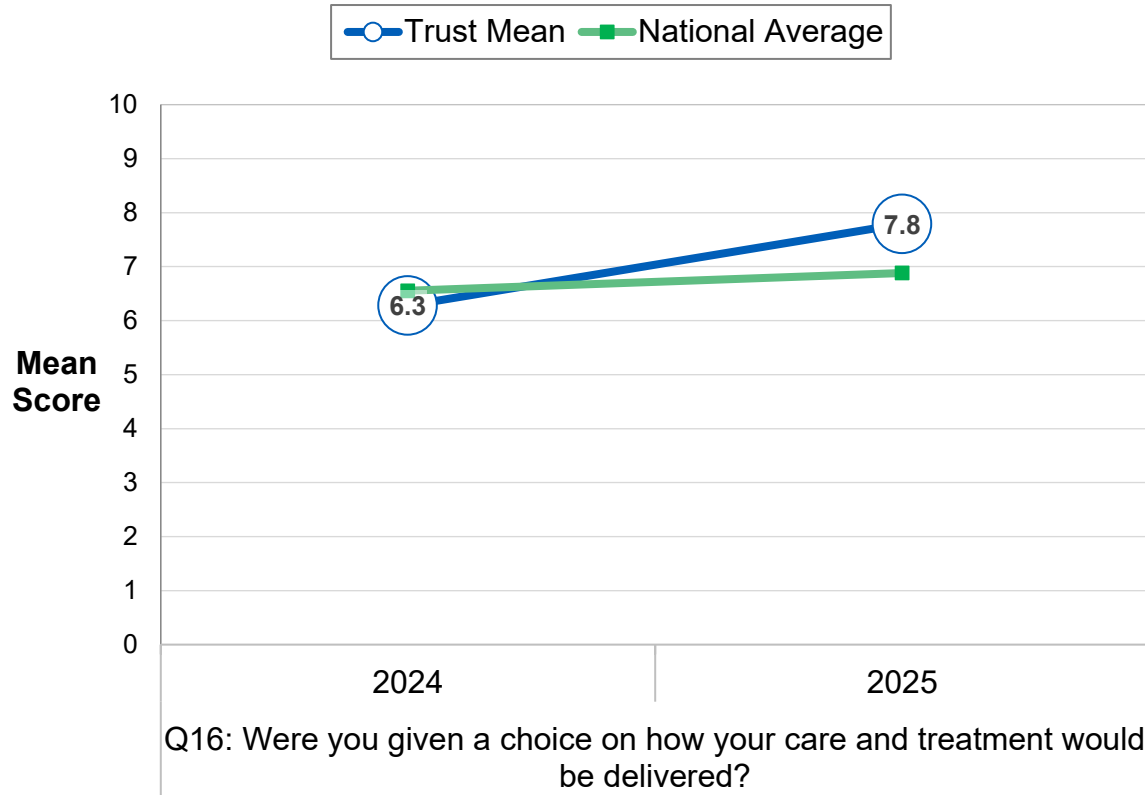


Significant change 2025 vs 2024	No change
Significant change 2025 vs 2023	No change

Answered by all. Respondents who stated that they didn't know or couldn't remember have been excluded.

Number of respondents: 2023: 244; 2024: 208; 2025: 260

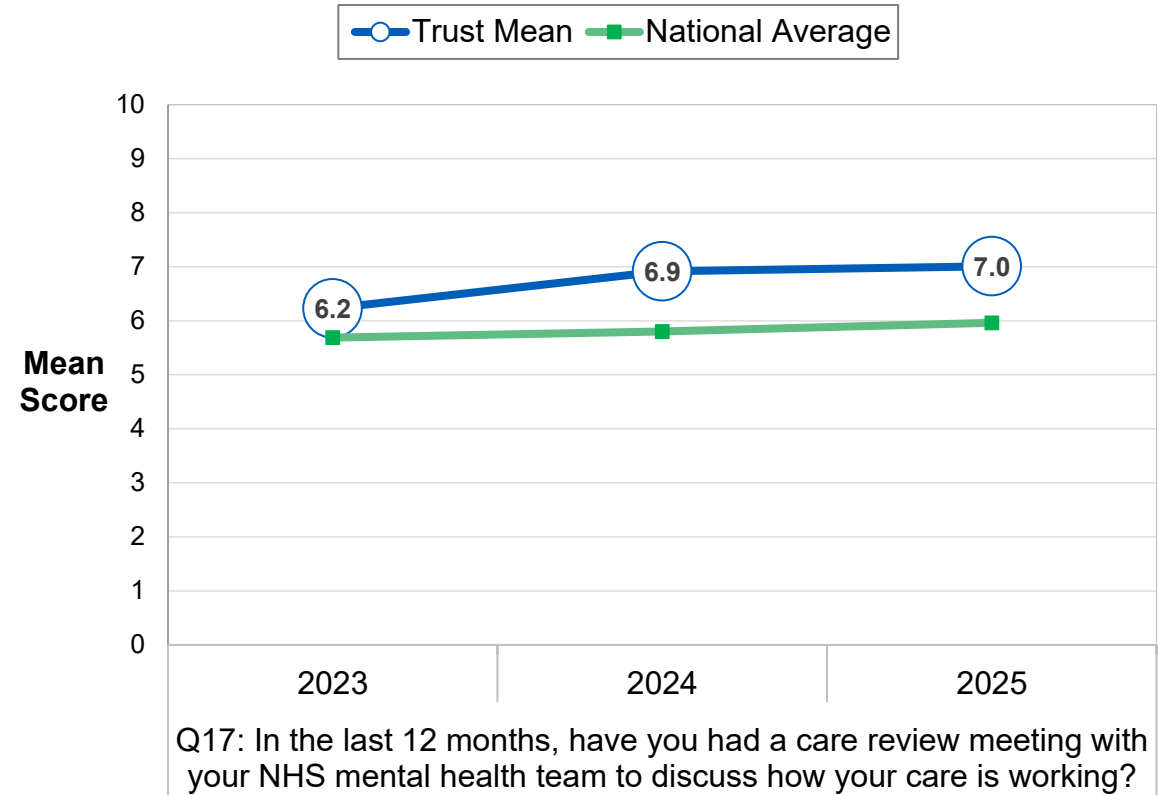
Section 3. Your care



Q16: Were you given a choice on how your care and treatment would be delivered?

Significant change 2025 vs 2024	Increase
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Answered by all. Respondents who stated that they didn't know or couldn't remember have been excluded.
 Number of respondents: 2024: 199; 2025: 242

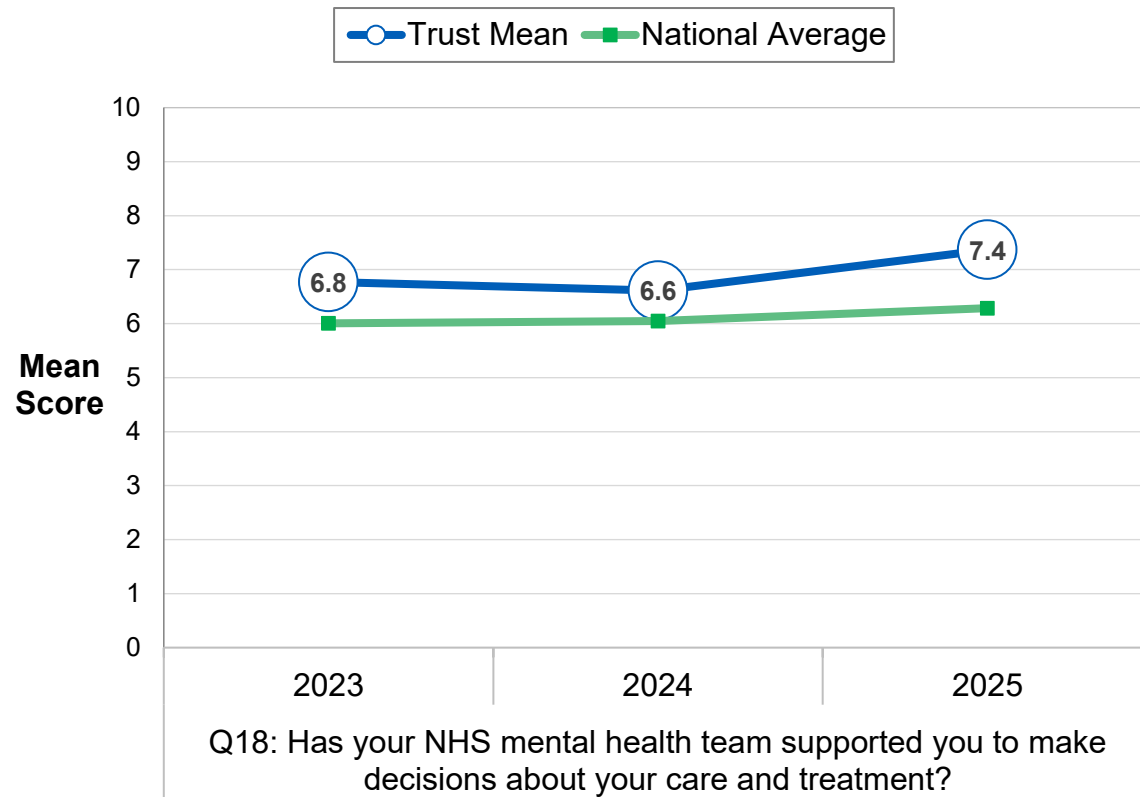


Q17: In the last 12 months, have you had a care review meeting with your NHS mental health team to discuss how your care is working?

Significant change 2025 vs 2024	No change
Significant change 2025 vs 2023	No change

Answered by all. Respondents who stated that they didn't know or couldn't remember have been excluded.
 Number of respondents: 2023: 199; 2024: 165; 2025: 211

Section 3. Your care (continued)



Significant change 2025 vs 2024	Increase
Significant change 2025 vs 2023	No change

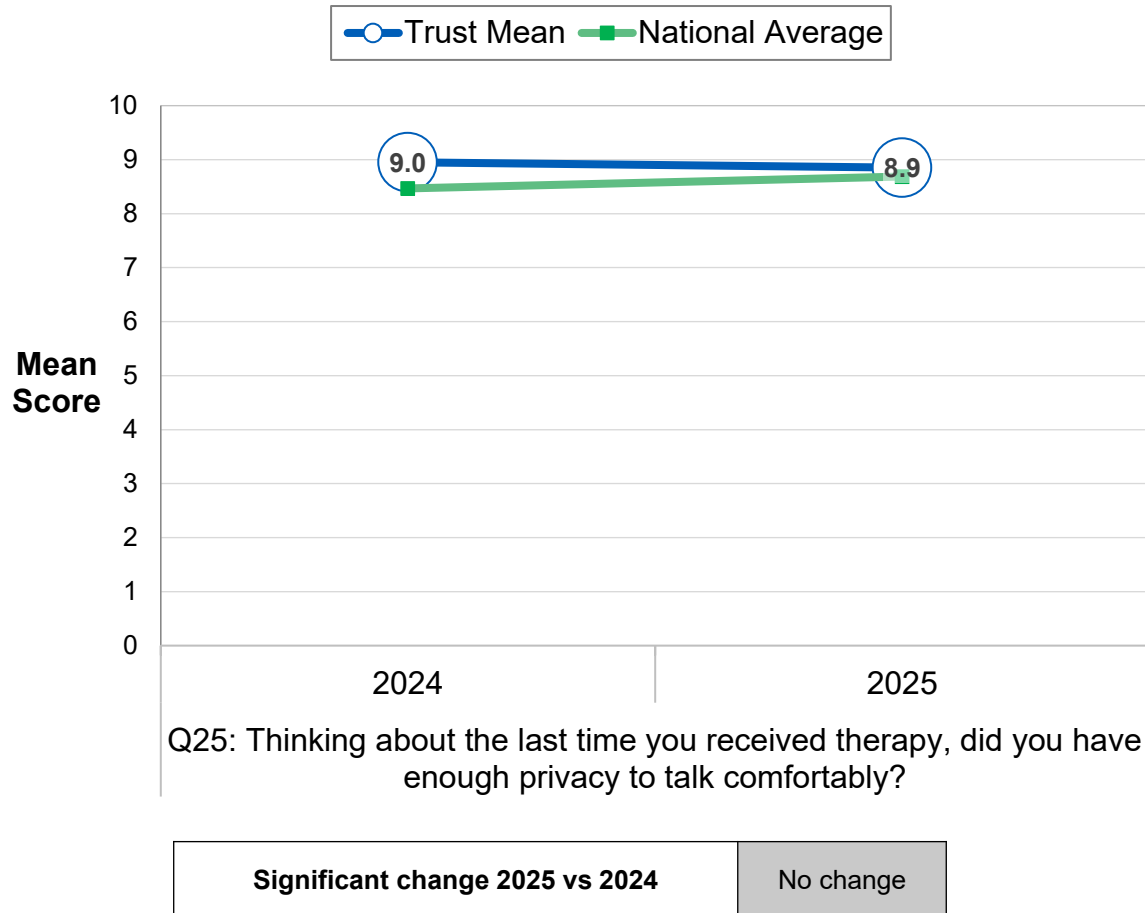
Answered by all. Respondents who stated that they didn't know or couldn't remember have been excluded.

Number of respondents: 2023: 252; 2024: 209; 2025: 257

Section 4. Medication

Please note, no data is available for this section. Question 20 has been revised for 2025, leading to questions 21 and 22 not retaining historical comparability to previous survey years.

Section 5. Psychological therapies

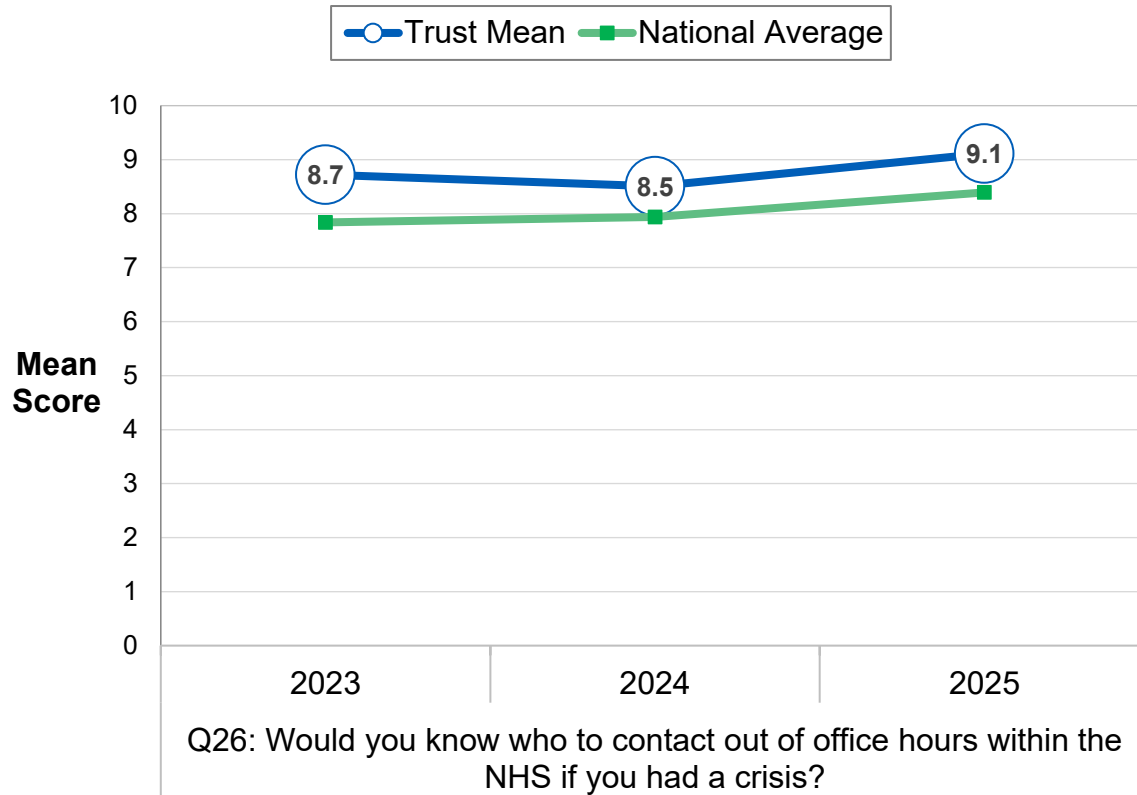


Answered by those who have received any therapy in the last 12 months for their mental health needs. Respondents who stated that they didn't know or couldn't remember have been excluded. Number of respondents: 2024: 93; 2025: 137

Section 6. Crisis care support

Please note, that no data is available for this section due to question amendments, which means historical comparability with previous survey years cannot be maintained.

Section 7. Crisis care access

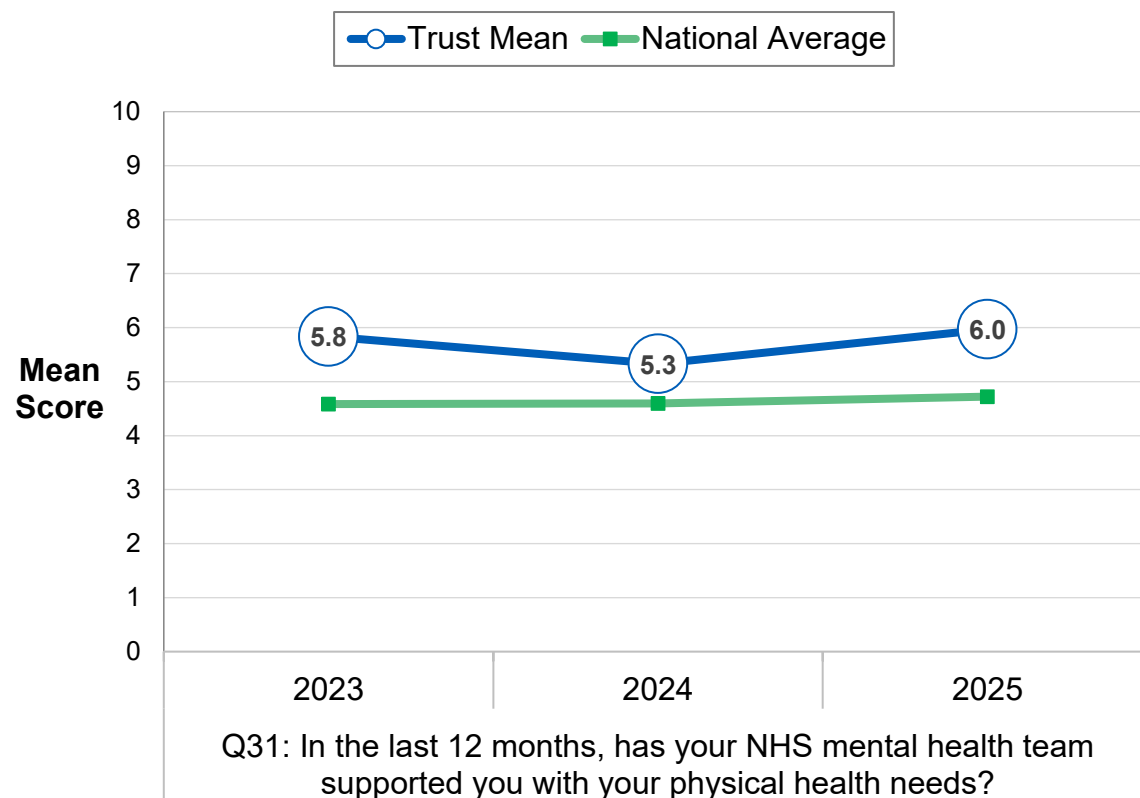


Significant change 2025 vs 2024	No change
Significant change 2025 vs 2023	No change

Answered by all. Respondents who stated that they were not sure have been excluded.

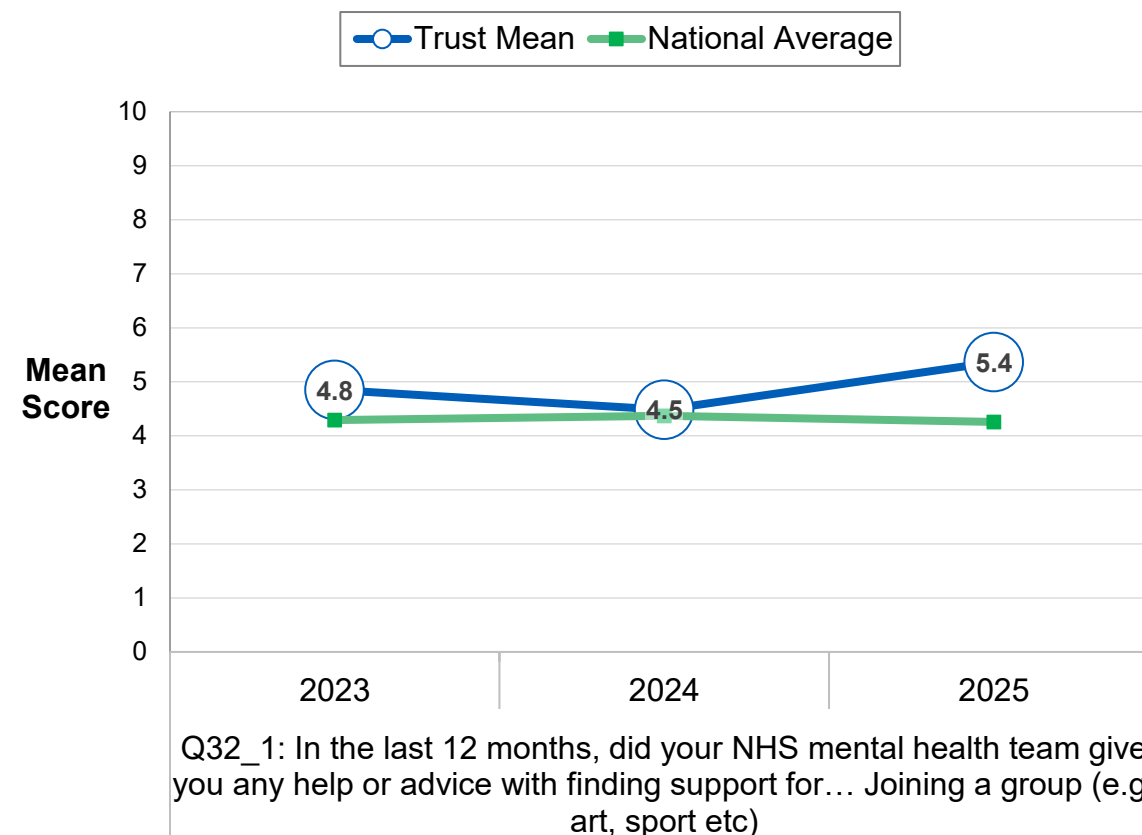
Number of respondents: 2023: 247; 2024: 190; 2025: 245

Section 8. Support with other areas of life



Significant change 2025 vs 2024	No change
Significant change 2025 vs 2023	No change

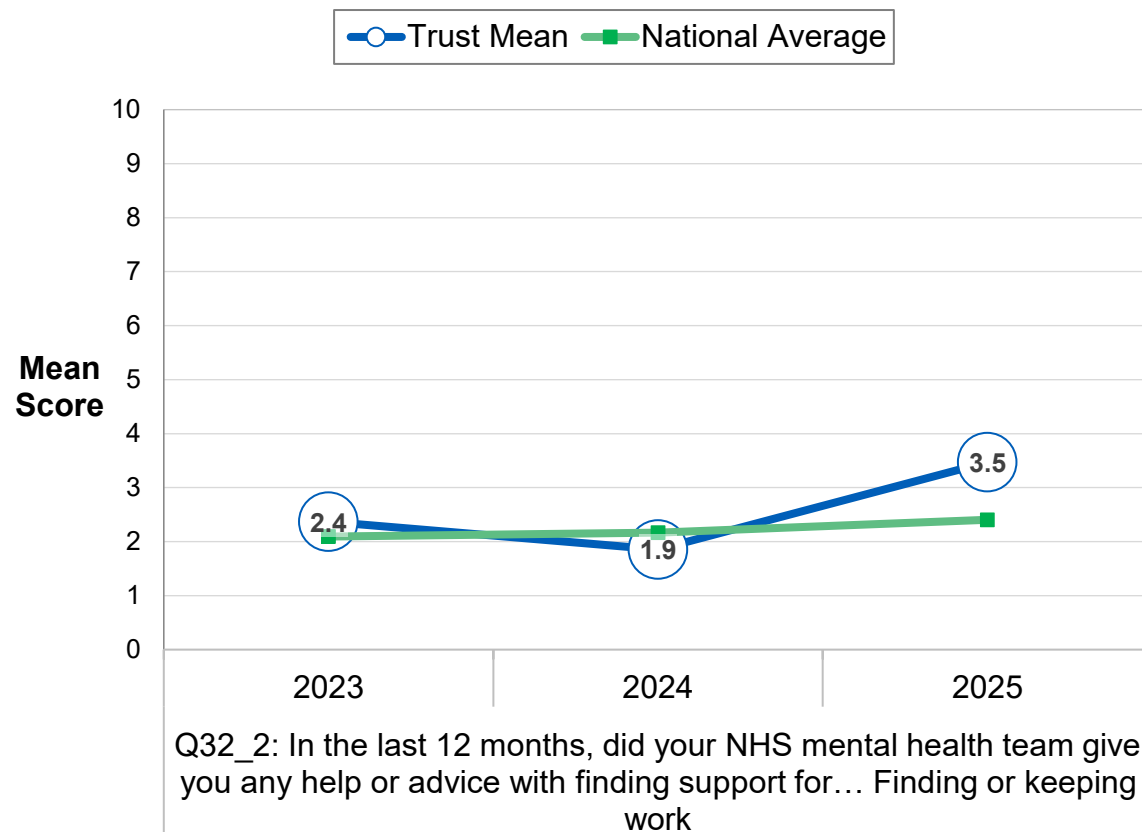
Answered by all. Respondents who stated that they had support and did not need this, did not need support or did not have physical health needs have been excluded.
Number of respondents: 2023: 155; 2024: 150; 2025: 182



Significant change 2025 vs 2024	No change
Significant change 2025 vs 2023	No change

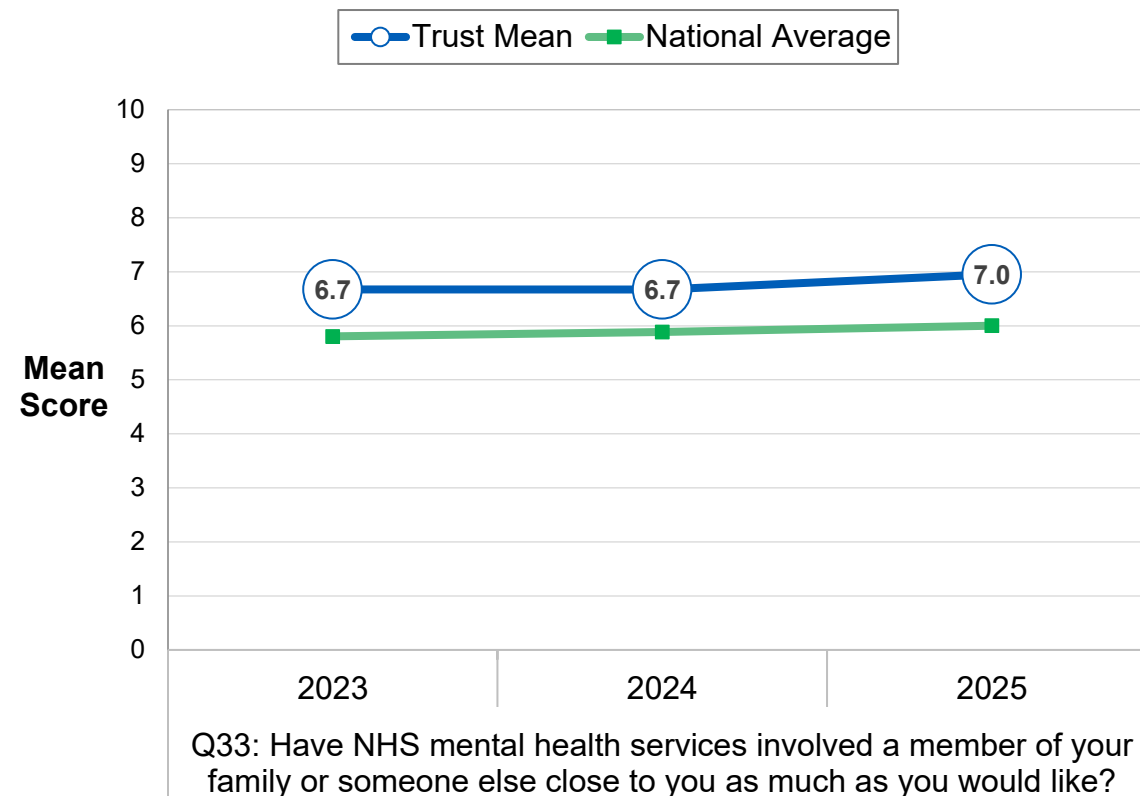
Answered by all. Respondents who stated that they did not need support have been excluded.
Number of respondents: 2023: 209; 2024: 177; 2025: 216

Section 8. Support with other areas of life (continued)



Significant change 2025 vs 2024	Increase
Significant change 2025 vs 2023	Increase

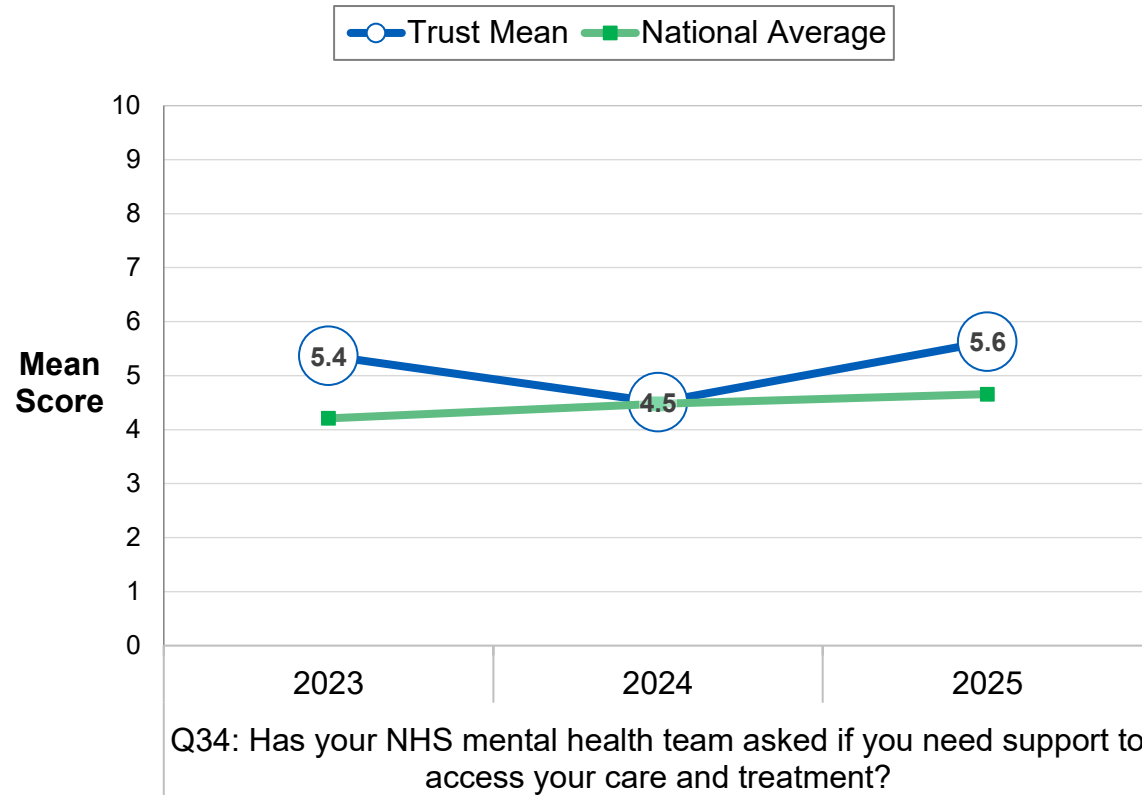
Answered by all. Respondents who stated that they did not need support have been excluded.
Number of respondents: 2023: 131; 2024: 132; 2025: 147



Significant change 2025 vs 2024	No change
Significant change 2025 vs 2023	No change

Answered by all. Respondents who stated that this was not applicable to them have been excluded.
Number of respondents: 2023: 207; 2024: 150; 2025: 201

Section 9. Support in accessing care

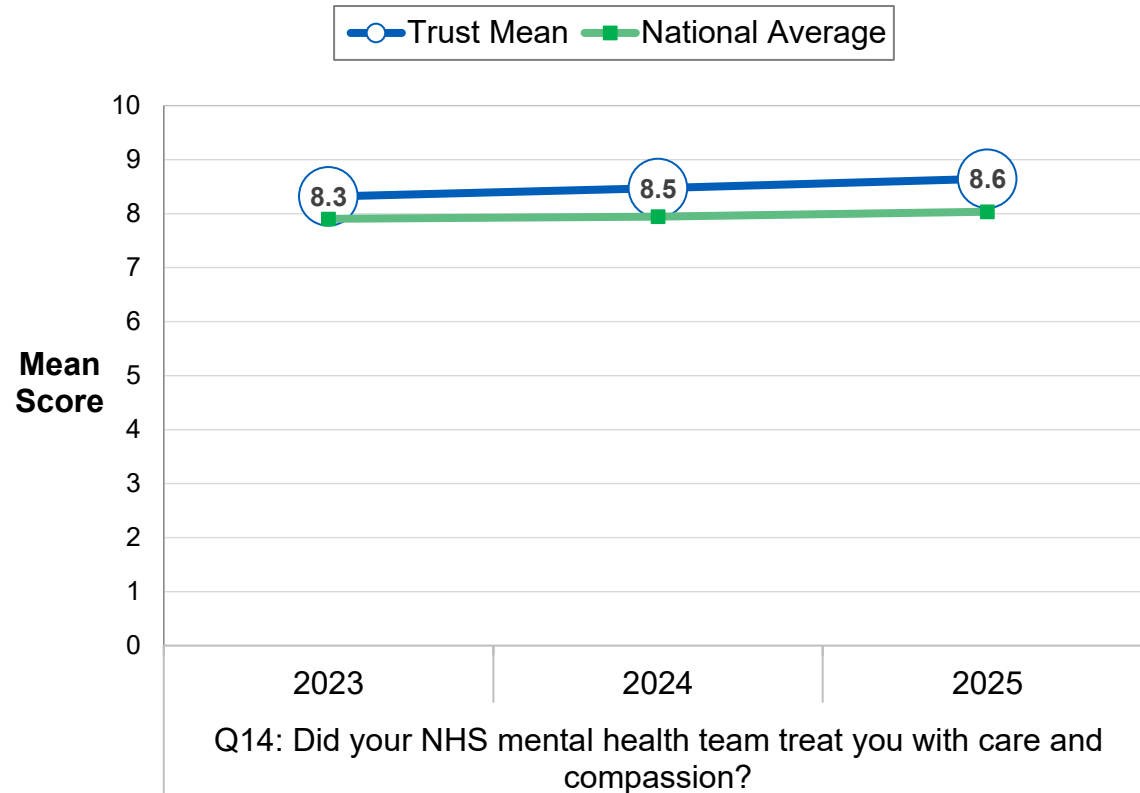


Significant change 2025 vs 2024	Increase
Significant change 2025 vs 2023	No change

Answered by all. Respondents who stated that they didn't know or couldn't remember have been excluded.

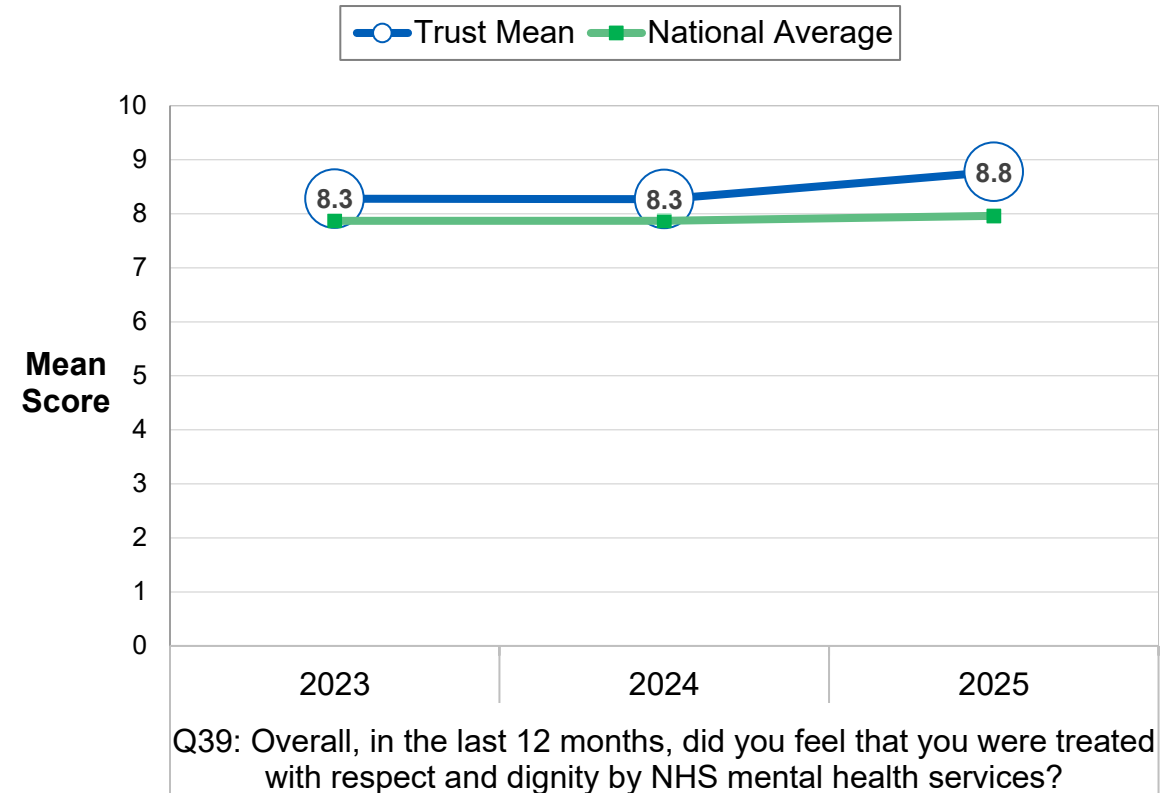
Number of respondents: 2023: 198; 2024: 174; 2025: 220

Section 10. Respect, dignity and compassion



Significant change 2025 vs 2024	No change
Significant change 2025 vs 2023	No change

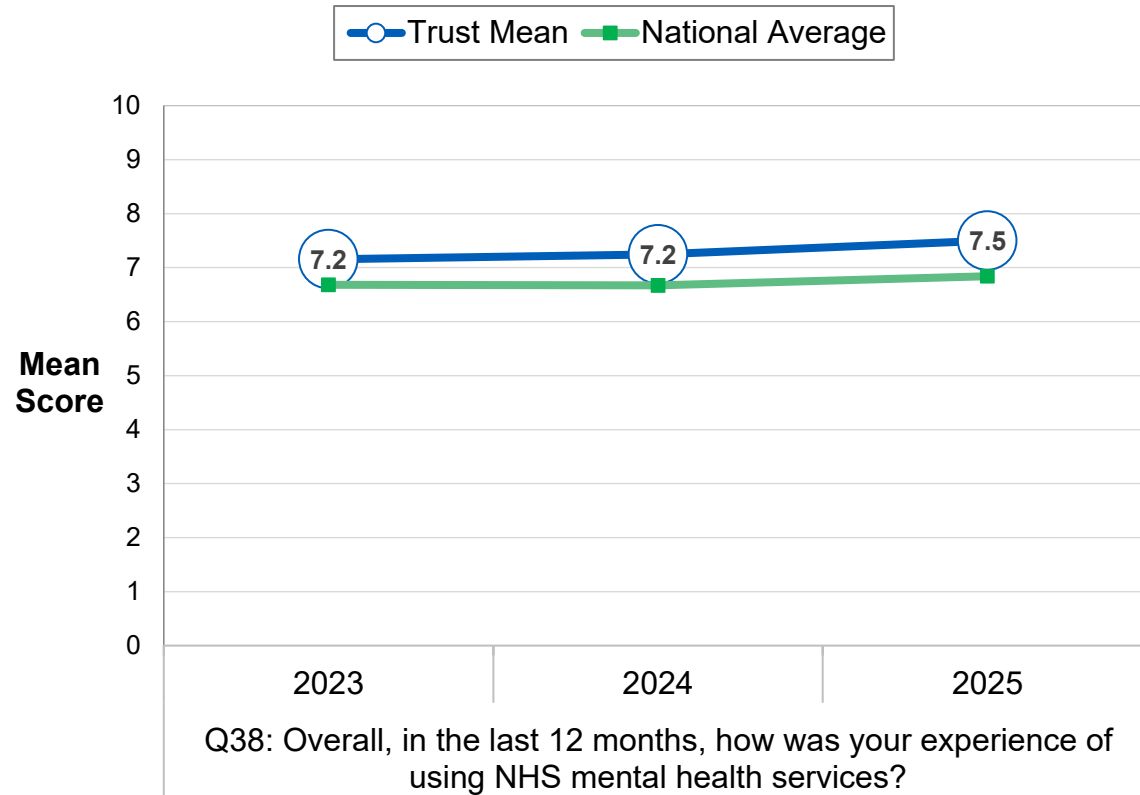
Answered by all. Respondents who stated that they didn't know or couldn't remember have been excluded.
Number of respondents: 2023: 262; 2024: 213; 2025: 272



Significant change 2025 vs 2024	No change
Significant change 2025 vs 2023	No change

Answered by all.
Number of respondents: 2023: 257; 2024: 216; 2025: 271

Section 11. Overall experience

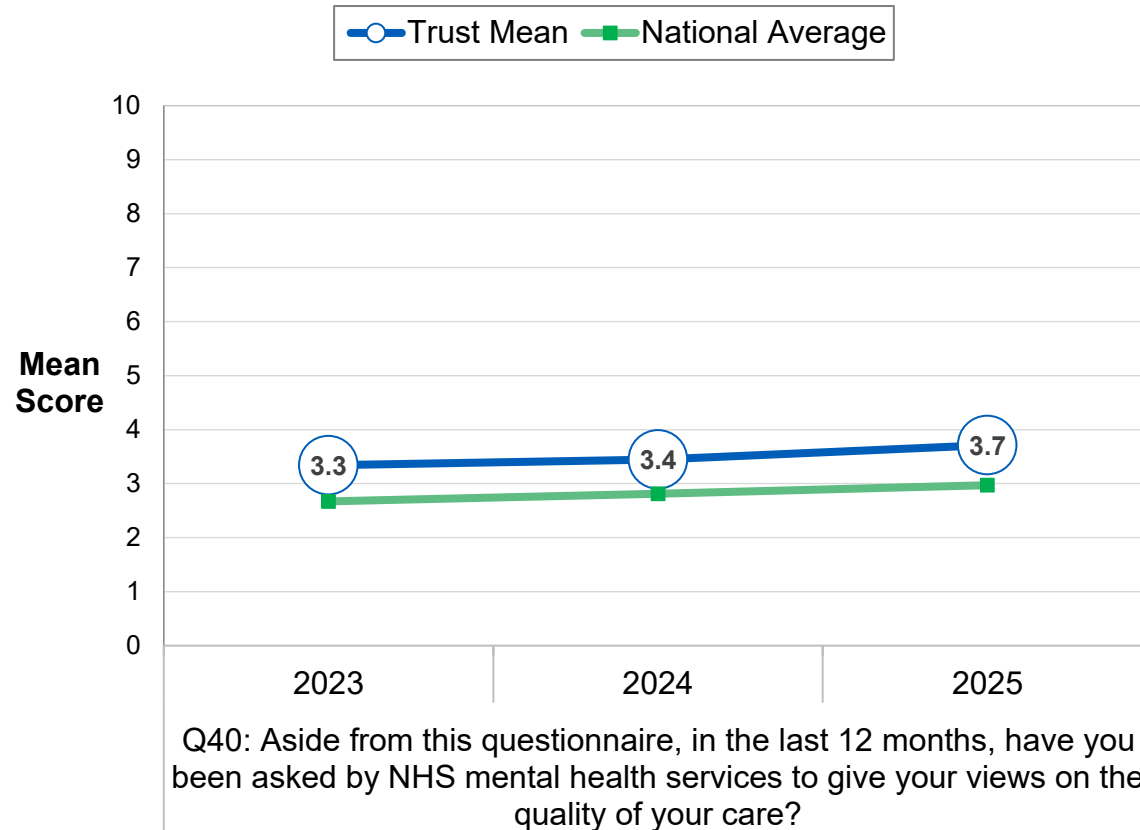


Significant change 2025 vs 2024	No change
Significant change 2025 vs 2023	No change

Answered by all.

Number of respondents: 2023: 254; 2024: 216; 2025: 271

Section 12. Feedback



Significant change 2025 vs 2024	No change
Significant change 2025 vs 2023	No change

Answered by all. Respondents who answered that they were not sure have been excluded.
 Number of respondents: 2023: 222; 2024: 162; 2025: 223

Comparison to other trusts

Comparison to other trusts: where your trust has performed much better

The questions at which your trust has performed much better when compared with all other trusts are listed below. The questions where your trust has performed about the same compared with all other trusts have not been listed.

Much better than expected

- Q8. Were you given enough time to discuss your needs and treatment?
- Q9. Did you feel your NHS mental health team listened to what you had to say?
- Q11. Did your NHS mental health team consider how areas of your life impact your mental health?
- Q15. Did your NHS mental health team involve you in a plan for your care?
- Q16. Were you given a choice on how your care and treatment would be delivered?
- Q18. Has your NHS mental health team supported you to make decisions about your care and treatment?
- Q31. In the last 12 months, has your NHS mental health team supported you with your physical health needs?
- Q33. Have NHS mental health services involved a member of your family or someone else close to you as much as you would like?
- Q39. Overall, in the last 12 months, did you feel that you were treated with respect and dignity by NHS mental health services?

Comparison to other trusts: where your trust has performed better

The questions at which your trust has performed better than compared with all other trusts are listed below.
The questions where your trust has performed about the same compared with all other trusts have not been listed.

Better than expected

- Q6. While waiting, between your assessment with the NHS mental health team and your first appointment for treatment, were you offered support with your mental health?
- Q10. Did you get the help you needed?
- Q13. Did your mental health team tell you who to contact if you had any questions or concerns about your care or treatment?
- Q14. Did your NHS mental health team treat you with care and compassion?
- Q17. In the last 12 months, have you had a care review meeting with your NHS mental health team to discuss how your care is working?
- Q21_2. Have any of the following been discussed with you about your medication? Benefits of medication
- Q21_3. Have any of the following been discussed with you about your medication? Side effects of medication
- Q26. Would you know who to contact out of office hours within the NHS if you had a crisis?
- Q32_1. In the last 12 months, did your NHS mental health team give you any help or advice with finding support for...Joining a group (e.g. art, sport etc)
- Q32_2. In the last 12 months, did your NHS mental health team give you any help or advice with finding support for...Finding or keeping work
- Q34. Has your NHS mental health team asked if you need support to access your care and treatment?
- Q37. Do you feel the support provided meets your needs?
- Q38. Overall, in the last 12 months, how was your experience of using NHS mental health services?

Comparison to other trusts: where your trust has performed somewhat better

The questions at which your trust has performed somewhat better when compared with all other trusts are listed below. The questions where your trust has performed about the same compared with all other trusts have not been listed.

Somewhat better than expected

- Q21_1. Have any of the following been discussed with you about your medication? Purpose of medication
- Q22. In the last 12 months, has your NHS mental health team asked you how you are getting on with your medication?

Comparison to other trusts: where your trust has performed somewhat worse

The questions at which your trust has performed somewhat worse when compared with all other trusts are listed below. The questions where your trust has performed about the same compared with all other trusts have not been listed.

Somewhat worse than expected

- Q7. Was the support offered appropriate for your mental health needs?

Comparison to other trusts: where your trust has performed worse

The questions at which your trust has performed worse compared with all other trusts are listed below.
The questions where your trust has performed about the same compared with all other trusts have not been listed.

Worse than expected

- No questions for your trust fall within this banding.

Comparison to other trusts: where your trust has performed much worse

The questions at which your trust has performed much worse when compared with all other trusts are listed below. The questions where your trust has performed about the same compared with all other trusts have not been listed.

Much worse than expected

- No questions for your trust fall within this banding.

Thank you.

For further information please contact
the Survey Coordination Centre:

mentalhealth@surveycoordination.com



Survey
Coordination
Centre

